

CUURICULUM VITAE

CURRICULUM VITAE

Nighat Gowhar

D/O: Abdul Rahman Reshi

Phone no: 8899639293, 7889308084

. CAREER OBJECTIVE

To secure a challenging position in a reputed health care institution where there is a scope for acquiring, updating, explore and utilizing my knowledge and skill for the development of self as well as the organization

PROFESSIONAL QUALIFICATION:

1. B.Sc Nursing -2013
2. MSC Medical Surgical Nursing -2017

REGISTERED NURSE AND REGISTERED MIDWIFE NO OF B.Sc. Nursing:

MEMBERSHIP:

1. Trained nurses association of India (TNAI)

DETAILS OF ACADEMIC AND PROFESSIONAL QUALIFICATION

S.No	Qualification	University
1	10+2	JK BOSE
2	B.SC NURSING	DEEMED UNIVERSITY SKIMS
3	MSC MEDICAL SURGICALNURSING	DEEMED UNIVERSITY SKIMS

DETAILS OF PROFESSIONAL EXPERIENCE AT DIFFERENT CAPACITIES

S.NO	DESIGNATION	INSTITUTE	YEARS OF EXPERIENCE
1.	Tutor	lords institute of medical sciences	3 months
2.	jr grade nurse Govt.	LD hospital	1 year
3.	Sr. grade nurse	GMC Srinagar	3year

4 Tutor
Technology

Alamdar Memorial College of Nursing & Medical
Appointed on 30 January 2019

SKILLS

Teaching skills

Critical care skills like,

- Checking temperature, blood pressure
- IV cannulation for adult & Pediatrics
- Foley's catheterization to adults and Pediatrics
- Ryle tube insertion
- Endo tracheal intubation

Area of Interest :

- Psychiatric Nursing
- Cardiac care
- Oncology Nursing
- Medical Surgical nursing
- Child health nursing

Strength :

- Hard working
- Self motivation
- Leadership qualities
- Interest to learn new things
- Patience
- Teaching skills
- Discipline

ACHIEVEMENTS

1. Paper presentation in conference on "Prevention on violence at health care settings" at Himalayan University Uttarakhand
2. Paper presentation in workshop on "*History and development of nursing profession*" at MMINSR SKIMS SOURA"

3. Resource person in international nurses day followed by two day's webinar with a theme " Nurses a voice to lead a vision for future health care" at AMCON & MT IUST
4. chairperson in first three day's webinar on Nursing Research Methodology" at AMCON & MT IUST

RESEARCH EXPERIENCE

Worked as research co-guide at Alamdar Memorial College of Nursing & Medical Technology

PUBLICATIONS

1. "A study to assess the effectiveness of planned teaching programme on knowledge regarding risk factors of coronary artery disease among patients with stable angina in a selected hospital of Kashmir" in a journal of applied research; vol 8; issue 7. July 2018.
2. "A descriptive study to assess the knowledge of staff nurses regarding central line associated blood stream infections (clabsi) in selected hospital of Srinagar J&k.
In International Journal of Medical Sciences & Diagnostic Research. Vol 2; issue 6 nov-dec 2018.
3. " A study to assess the effectiveness of computer assisted teaching programme(CATP) on knowledge regarding prevention and management of anemia among adolescent girls in a selected higher secondary school of chrar-i-sharief Budgam (j&k) vol 10, issue 9 september 2021

PERSONAL PROFILE

Name: NIGHAT GOWHAR

Sex: Female

Father's name: ABDUL RAHMAN RESHI

Mother's name: KHATEEJA BANOO

Nationality: Indian

Languages: English, Urdu & Kashmiri

Permanent Address: Noorpora Awantipora.

Contact No 8899639293, 7889308084

DECLARATION

I hereby declare that all the above mentioned details are true to my best of knowledge and belief.

Place: Srinagar J&K India

Date: