

# CURRICULUM VITAE

SYED SHAHID SIRAJ

BSN/ MSN

**GOLD MEDALIST**

Srinagar

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## CAREER OBJECTIVE

To secure a challenging position in a reputed Nursing Institution where there is a scope for acquiring, updating, exploring and utilizing my knowledge and skill for the development of self as well as the organization.

## EDUCATIONAL QUALIFICATIONS

### Professional Qualifications

Class / Course	Name of the Institute/University	Percentage
M.Sc. Psychiatric Nursing	MMINSR/SKIMS Deemed University	78.23%
B.Sc. Hon's Nursing	Bibi Halima College Of Nursing And Medical Technology/ University Of Kashmir	81.67%

## EMPLOYMENT HISTORY

Name and Location of the Organization	Designation	Date of employment
Hakim Sonallah Specialist Hospital and Cancer Centre, Sopore.	Nursing officer	01-05-2012 to 01-07-2012
Government GB Panth Children Hospital, Sonwar Srinagar	Nursing officer	02-07-2012 to 18-01-2013
Government AMT School, Government medical College Srinagar	Tutor	19-01-2013 to 05-11-2013
Sheri Kashmir Institute of Medical Sciences SKIMS, Soura Srinagar	Nursing officer	07-04-2015 to 02-11-2016
Department of Health Sciences, Islamic University of Science & Technology, Awantipora Kashmir	Tutor	03-11-2016 – up-to-date

## PROFESSIONAL INTERNSHIP

- *King Fahad Medical City KFMC, Riyadh, Saudi Arabia.*
- *Sheri Kashmir Institute of Medical Sciences SKIMS, Soura Srinagar*
- *Government Medical College & Associated Hospitals Srinagar*

## LICENSURE, MEMBERSHIP AND CERTIFICATION

Certifying Organization	License / Certificate Number
JK State Nursing And Paramedical Council	JKNC/BSC/REG/2014/1140
Certifying Organization	License / Certificate Number
Life Support Training & Skill Lab Center Academic & Training Affairs- KFMC Riyadh, KSA	ACLS Provider 668/2
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## RESEARCH PUBLICATIONS

1. A comparative study to assess the psychosocial problems among adolescents of rural schools of district Budgam and urban schools of district Srinagar Kashmir.
2. A descriptive study to assess the knowledge and attitude of primary school teachers regarding learning disabilities among children in selected schools of district Pulwama Kashmir.
3. A study to assess the effectiveness of CATP on malnutrition and its prevention in under five children among adolescents studying in selected pre university college, Bangaluru.
4. A pre-experimental study to assess the effectiveness of STP on knowledge regarding breast self examination among FMPHW students.
5. A study to assess the knowledge and attitude of undergraduate boys and girls regarding deliberate self harm in selected educational institutions of Bangalore with view to develop informational booklet.
6. Effectiveness of STP on knowledge regarding acne among adolescent students of CASSET Experimental Higher secondary school Srinagar, Kashmir: A pre-experimental study.

## PUBLICATIONS

- Published Article titled "*importance and steps of Review Literature in research*" in Souvenir on page nos.40-43 Annual Day 2014 MMINRS SKIMS.
- Published Article titled as "*Savior nurses*" in News Paper Rising Kashmir on 12-04-2016.
- Published Article titled as "**Mental health and aggression**" in News Paper Rising Kashmir on 19-04-2016.
- Published Article in Mudawah College Magazine of BHCNMT titled as "*Nursing; a noble profession.*" on page no. 36-38 issue 2008-2009.
- Published Article in Mudawah College Magazine of BHCNMT titled as "**Nursing: Myths and reality**" on page no. 16-19 issue 2011-2012.
- Published Article in Reshmol College Magazine of AMCNMT titled as,"**Mental illness and stigma that follows**".
- Published Article in Reshmol College Magazine of AMCNMT titled as," **Why Nursing is the Most Trusted Profession**".
- Published Article in Reshmol College Magazine of AMCNMT titled as *Nursing Is for Men, Too.*

## PROFESSIONAL DEVELOPMENT

<b>Date(s)</b>	<b>25 to 26-03-2016</b>	<b>Title</b>	Safe injection practices
<b>CNE/CME/WORKSHOP</b>		<b>City, State</b>	Gb pant hospital Srinagar
		<b>Position</b>	Participant
<b>Date(s)</b>	<b>08 to 11-07-2014</b>	<b>Title</b>	Concepts, Principles & Application of Nursing Research. MMINSR SKIMS
<b>CNE/CME/WORKSHOP</b>		<b>City, State</b>	Soura Srinagar
		<b>Position</b>	Speaker
<b>Date(s)</b>	<b>29-03-2014</b>	<b>Title</b>	Sleep and Sleep related Disorders. DHS J&K
<b>CNE/CME/WORKSHOP</b>		<b>City, State</b>	Regional Institute of Health & Family Welfare, Dhobiwan Tangmarg Kmr.
		<b>Position</b>	Delegate
<b>Date(s)</b>	<b>23 to 27-11-2013</b>	<b>Title</b>	Nurses: a force for change.
<b>CNE/CME/WORKSHOP</b>		<b>City, State</b>	Govt. medical college srinagar
		<b>Position</b>	Speaker
<b>Date(s)</b>	<b>12-02-2011 to 06-06-2012</b>	<b>Title</b>	Medical Ethico-Legal Issues from the Islamic Perspective, KFMC
<b>CNE/CME/WORKSHOP</b>		<b>City, State</b>	Riyadh KSA
		<b>Position</b>	Intern
<b>Date(s)</b>	<b>21<sup>st</sup> &amp; 23-02-11</b>	<b>Title</b>	Future Challenges In Nursing: Opportunities to Improve Patient Care, KFMC
<b>CNE/CME/WORKSHOP</b>		<b>City, State</b>	Riyadh KSA
		<b>Position</b>	Participant
<b>Date(s)</b>	<b>28 to 29-05-2011</b>	<b>Title</b>	Planning Building And Operating Healthcare Facilities Projects, KFMC
<b>CNE/CME/WORKSHOP</b>		<b>City, State</b>	Riyadh KSA
		<b>Position</b>	Participant

<b>Date(s)</b>	<b>24 to 25-04-2018</b>	<b>Title</b>	Management of cancer in countries with limited resources
<b>CNE/CME/WORKSHOP</b>		<b>City, State</b>	SKICC, Srinagar
		<b>Position</b>	Delegate
<b>Date(s)</b>	<b>19 to 20-07-2021</b>	<b>Title</b>	Nationwide capacity building of nursing professionals for comprehensive management of COVID-19 in children
<b>CNE/CME/WORKSHOP</b>		<b>City, State</b>	Directorate general of health services, Ministry of health and family welfare, India.
		<b>Position</b>	Participant
<b>Date(s)</b>	<b>25 to 27- 06-2021</b>	<b>Title</b>	Nursing research methodology
<b>CNE/CME/WORKSHOP</b>		<b>City, State</b>	Islamic University of Science & Technology, Awantipora Kashmir.
		<b>Position</b>	Organizing secretary / Resource person
<b>Date(s)</b>	<b>14-06-2021</b>	<b>Title</b>	Stress management among youth in view of COVID-19.
<b>CNE/CME/WORKSHOP</b>		<b>City, State</b>	AMCONMT, Islamic University of Science & Technology, Awantipora Kashmir.
		<b>Position</b>	Organizing secretary/ resource person

## **BOOKS REVIEWED:**

- Target High 5<sup>th</sup> Premium International Edition by Muthuvenkatachalam
- A Textbook of Mental Health & Psychiatric Nursing by Bharat pareek and Sandeep Arya

## **RESEARCH GUIDANCE:**

- UG students of B.SC nursing batch 2020 group D
- UG students of B.SC nursing batch 2021 group D

## AREA OF INTEREST

- Psychiatric Nursing
- Fundamentals in nursing
- Microbiology
- Medical surgical nursing
- Pediatric nursing

## PERSONAL COMPETENCIES

- Self motivation Leadership qualities
- Interest to learn new things
- Teaching skills
- Strong communication skills
- Friendly and approachable
- Working well as a team
- Showing initiative and solving problems
- Good experience using Word, Excel and Powerpoint
- Organized and hard working
- Take pride in my work

## Achievements:

- Received **GOLD MEDAL** by **HONOURABLE PRESIDENT OF INDIA** from university of Kashmir for securing 1st class 1st position in the concerned degree for the year 2012.
- Received appreciation for providing voluntary patient care services at SKIMS Soura during devastating floods in the Kashmir valley.

## PERSONAL PROFILE

Name : Syed Shahid Siraj

Sex : Male

Father's name : Syed Siraj-ud-din

Mother's name: Syed Jawhara Bano

Nationality : Indian

Marital Status: Married

Languages : English, Hindi & Kashmiri

Permanent Address : Chewdara, Beerwah, Budgam Kashmir India.

Contact No : +917889828594

## DECLARATION

I hereby declare that all the above mentioned details are true to my best of knowledge and belief.

Place: Srinagar J&K India

Date:02-10-2021.