CURRICULUM VITAE

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D.O.B: - 25-09-1985.



Objective:

• To accomplish a career with consistent success as an educator and administrator at higher education level.

Current Position:

• Working as Tutor at Syed Mantaqui Memorial College of Nursing and Medical Technology, IUST Awantipora since 3rd November 2016.

Academic Qualification:

| Class | Board | Year of Passing | Marks % |
|------------------|--------|-----------------|---------|
| 10 th | JKBOSE | 2000 | 73.2 |
| 12 th | JKBOSE | 2002 | 62.33 |

Professional Qualification:

| Degree | University | Year of Passing | Marks % |
|-------------------------------|------------|-----------------|---------|
| B.sc Nursing (Hon's) | SKIMS | 2010 | 73.96 |
| M.Sc Nursing (Obstetrical and | SKIMS | 2014 | 78.00 |
| Gynecological Nursing) | | | |

Professional Experience:

- Tutor at Lord's Institute of Medical Science and Technology for 1 year and 1month (from 01-01-2010 to 1-02-2011).
- NRHM Staff Nurse in PHC Pahloo, Kulgam for 1 year.
- Staff Nurse in SDH D.H Pora, Kulgam for 2 years and 6 months (7-5-2014 to 02-11-2016.
- Tutor, SMMCN&MT, IUST, Awantipora w.e.f 3rd November, 2016 till date.
- Academic Counsellor for Bridge Programme in Community Health Nursing w.e.f 7th September, 2017 (IGNOU, Srinagar).

Research Projects:

M.Sc. Nursing Project:

A study to evaluate the effectiveness of structured teaching programme on self-care among patients with hysterectomy in a selected hospital of Kashmir.

B.Sc. Nursing Project:

Knowledge and Practice of family planning methods in selected women of reproductive age in the selected hospital (Gynecological & Obstetrical hospital SKIMS, Soura).

Present teaching subjects:

- Nursing Foundations
- Midwifery and Obstetrical Nursing
- Community Health Nursing
- Medical Surgical Nursing

Publications:

- ➤ Reviewed article on "Outpatient Therapeutic Program" in Journal of Integrative Medicine and Public Health; Vol 2(1); ISSN: 2949-7248; DOI: 10.4130/JIMPH.JIKPH-13-22 published on 21st August, 2023.
- ➤ Published paper on "Assess the level of stress and coping level among married working women in Kashmir" in IP Journal of Pediatrics and Nursing Science; Vol 5(1) Peer reviewed April,2022; ISSN No: 2582-4023;
- ➤ Parveen A, Khurshid A, **Rohi Jan**, et al. A Study to Assess the Effectiveness of Nursing Intervention on Ethical and Legal Issues in Nursing among B.Sc. Nursing 2nd Year Students of SMMC&NMT, IUST, Awantipora, Kashmir. IJRAR, 2021, 8(3); 982-992
- ➤ Published paper on "Usefulness of organized training program on information among post-operative patients on self-care with hysterectomy in Kashmir" in International Journal of Midwifery and Nursing practice; Vol 3(1) Peer reviewed January, 2020; ISSN No. 2663-0427; impact factor: 5.13
- ➤ Published in souvenir titled, "Role of Midwife and COVID-19 Pandemic" at Three day online International workshop on "Expanded and Extended Role of Nurses in Covid-19 Pandemic Management" Observation of International Infection Prevention week on the theme "Break the chain of Infection" in SMMCNT&MT, IUST Awantipora from 20th 22nd October, 2020.
- ➤ Published in souvenir titled "Application of Midwifery Care Model in Education, Research & Practice" at MMINSR, SKIMS Srinagar on 8th-11th July, 2013.
- ➤ Published in souvenir titled "A study to assess the effectiveness of structured teaching programme on self-care among patients with hysterectomy in L D hospital of Kashmir" at National Conference on Emerging Perspectives in Nursing Care (SKIMS) (11th-12th September, 2017)

Books Reviewed:

- ➤ Reviewed book "Target High, A book on nursing officers/Staff Recruitment Exam" 5th Revised Edition, CBS Publishers in the year 2019.
- Reviewed book "Midwifery and Obstetrical Nursing for B.Sc. Nursing students, CBS Publishers in the year 2020.

Conferences/ Seminars/Workshops/Refresher or training courses:

| Conference/Workshop/Seminar | Presented/Participated | Held at | Held On |
|---|----------------------------------|---|---|
| Continuing Nursing Education | Presented paper on | MMINSR | 08-11 th July |
| Program | Midwifery Care Model | SKIMS | 2013 |
| 10 th National Conference of SOMI | Organized | SKIMS | 27-29 th Sept. 2012. |
| 10 th National conference of SOMI | Completed (SEFT) | SKIMS | 27-28 th Sept. 2012. |
| Neonatal Resuscitation program under | Completed first golden | MMINSR | 23-25 th June |
| IAP | minute project | SKIMS | 2012. |
| 11 th National Conference of SOMI | Participated | Bubneshwar Orissa | 13-15 th Sept 2013 |
| FACE OFF 2013 | Participated | SKIMS MC Srinagar | 12-15 th June 2013 |
| National Conference on | Presented paper on | SKICC | 11-12 th |
| Emerging Perspectives in | Self-care of | Srinagar | September 2017 |
| Nursing Care (SKIMS) Training Programme | Hysterectomy Completed BLS & SBA | SSC, RIHFW | 2017 27 th March -1 st |
| 11aming 110gramme | Completed bes & SBA | Dhobiwan | April,2019 |
| International Nurses Day and | Co-organizer, | Auditorium | 14-15 th May, |
| Workshop on "Application of Nursing | Presented paper on | IUST organized | 2019 |
| Theories in Education, Research & Practice" | Midwifery Care Model | by SMMCN&MT | |
| Three day online International | Co-organizer | Auditorium | 20-22 nd |
| workshop on "Expanded and Extended | C | IUST organized | October, 2020 |
| Role of Nurses in Covid-19 Pandemic Management" | | by SMMCN&MT | |
| 1 st International three Day Webinar on | Participated | AMCN&MT, | 25-27 th |
| Nursing Research Methodology | | IUST | June,2021 |
| One week e-learning program on HIV/AIDS | Successfully completed | Desired by INC | 2017-18 session |
| World Health Day celebration under the theme: Our Planet, Our Health. | Co-organizer | Organized by SMMCN&MT in collaboration with Block Medical Officer, UHTC Mattan. | 7 th April, 2022 |
| 9 th Webinar on "Advanced Nurse Practitioner: Paving the way in India" With 1 CNE hour. | Participated | Society of Cardiac Nurses, India | 14 th April, 4pm-5pm IST |
| 6 days Virtual Capacity Building Program for the Midwifery Faculty of the colleges/schools of Nursing with 15 | Successfully completed | Indian Nursing Council in collaboration | 19-26 th April, 2022 |

| CNE hours. | | with United | |
|---|------------------------|------------------|--|
| | | Nations | |
| | | Population | |
| | | Fund-India | |
| Celebration of International Day of the | Organizer | M&CCH, GMC | 5 th May, 2022 |
| Midwife under the theme: 100 years of | | Anantnag | |
| prodress. | | organized by | |
| | | SMMCN&MT | |
| Celebration of International Nurses | Co-organizer | Organized by | 12 th May, 2022 |
| Day under the theme: Nurses' A Voice | S | SMMCN&MT | 3 / |
| to Lead: Invest in Nursing and Respect | | in collaboration | |
| Rights to Secure Global Heath. | | with UHTC | |
| S . | | Mattan, | |
| | | Department of | |
| | | Community | |
| | | Medicine,GMC | |
| | | Anantnag. | |
| C | | | |
| Capacity building program for | Cusassafullu samulatad | NDCC CCT | 21 st October |
| midwifery faculty, skills standardization and simulation | Successfully completed | NRSC, SGT | 31 st October, 2022 to 4 th |
| | | University | |
| training with 25 CNE hours. | | organized by | November, |
| | | Indian Nursing | 2022 |
| th | | Council | − th oth |
| 6 th Annual Day followed by one day | Organizing secretary | Auditorium, | 7 th -9 th |
| seminar on Research Methodology. | | IUST organized | November, |
| | | by | 2022 |
| | | SMMCN&MT | |

Membership of Professional Bodies:

- Life member of Trained Nurses Association of India.
- ➤ Life member of SOMI.

Professional capabilities:

- 1. Extensive knowledge of all content areas for nursing education.
- 2. Good understanding of student needs assessment.
- 3. Excellent identification of areas of educational need.
- 4. Good teaching and strong verbal and written communication skills.
- 5 Has keen interest in taking up action research in the area of Midwifery.

Declaration:

I hereby declare that the above mentioned information is true to the best of my knowledge.

Dated: