

# CURRICULUM VITAE

Name: Roohi Jan

D/o: - Mohammad Amin Ganai.

R/o: - Padgampora, Awantipora, Pulwama. Pin code: - 192122

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D.O.B:- 14-06-1987.



## Objective:

- To accomplish a career with consistent success as an educator and administrator at higher education level.

## Current Position:

- Tutor at Syed Mantaqui Memorial College of Nursing and Medical Technology, IUST Awantipora.

## Educational Qualifications:

- M.Sc in Community Health Nursing from Sher-I-Kashmir Institute of Medical Sciences Srinagar and secured 79.69% marks in year 2014.
- B.sc Nursing from Sher-I-Kashmir Institute of Medical Sciences Srinagar and secured 73.46% marks in year 2010.

## Professional Experience:

- **Tutor**- 1<sup>st</sup> February, 2010 to 20<sup>th</sup> March, 2012 (2years & 2months)  
(Dolphin Institute of Medical Science and Technology, Pulwama)
- **Cath lab and ICCU Nurse**- 28<sup>th</sup> , April, 2014 to 3<sup>rd</sup> ,November, 2016 (2years & 7 months)  
(Superspeciality Hospital, GMC Srinagar).
- **Tutor**- w.e.f 3<sup>rd</sup> November, 2016 till date  
(SMMCN&MT, IUST, Awantipora)
- **Academic Counsellor for Bridge Programme in Community Health Nursing** - w.e.f 7<sup>th</sup>,September,2017 (IGNOU, Srinagar)

## **Research Projects:**

### ***M.Sc Nursing Project:***

A study to assess the effectiveness of structured teaching programme on self care of patients with Diabetes Mellitus in endocrinology ward of Sher-I-Kashmir Institute of Medical Sciences Srinagar.

### ***B.Sc Nursing Project:***

Knowledge and Practice of women regarding contraceptive devices in OPD of Gynaecology/ Obstretical Hospital of SKIMS, Srinagar.

## **Present Teaching Subjects:**

- Nursing Foundations
- Microbiology
- Community Health Nursing
- Medical Surgical Nursing

## **Membership of Professional Bodies:**

- Life member of Trained Nurses Association of India.
- Life member of SOMI.
- Registered Nurse and Midwife
- Departmental Placement and Internship Coordinator at IUST

## **Achievements:**

- Awarded Best Teacher -2018 by SMMCN&MT, Islamic University of Science & Technology for outstanding contribution towards the field of Education and Teaching Process on Annual Day Function.

## **Articles/ Publications:**

- Roohi Jan, “Prevalence of polycystic ovary syndrome in Padgampora village of Pulwama, India” in International Journal of Advanced Research in Community Health Nursing; Vol 1 Peer reviewed December, 2019; ISSN No.2664-1658; impact factor: 5.6
- Roohi Jan and Mehmooda Regu, “Effectiveness of structured teaching program on self-care of patients with diabetes mellitus” in International Journal of Advanced Research in Community Health Nursing; Vol 1(2) Peer reviewed June, 2019; ISSN No 2664-1658; impact factor:5.6
- Published in souvenir titled, “Role of Cardiac Nurse in Hypertension” in three day International workshop on “ Bridging Excellence in Cardiac Nursing Practice” in SMMCNT&MT, IUST Awantipora from 6th – 8<sup>th</sup> October, 2021.

- Published in souvenir titled, “**Nursing Human Factor during COVID-19 Pandemic**” at Three day online International workshop on “Expanded and Extended Role of Nurses in Covid-19 Pandemic Management” Observation of International Infection Prevention week on the theme “Break the chain of Infection” in SMMCNT&MT, IUST Awantipora from 20th - 22nd October, 2020.
- Published in souvenir titled “Personalized System of Instruction (PSI) as Innovative Teaching Strategy” at National workshop on Innovative Teaching Strategies in SMMCNT&MT, IUST, Awantipora on 28<sup>th</sup> -29<sup>th</sup> September, 2018.
- Published in souvenir titled “A study to assess the effectiveness of structured teaching programme on self care of patients with Diabetes Mellitus in endocrinology ward of Sher-I-Kashmir Institute of Medical Sciences Srinagar” at 2<sup>nd</sup> J&K medical Science Congress in SKIMS Srinagar on 10<sup>th</sup> -13<sup>th</sup> , May 2017.
- Published in souvenir titled “Application of Community Development Model in Education, Research & Practice” at MMINSR, SKIMS Srinagar on 8<sup>th</sup>-11<sup>th</sup> July, 2013.
- Amin, Ulfat; Malla, Adil Mudasir; Amin, Ishrat; **Jan, Roohi**. Substance Abuse: A Public Health Concern. Indian Journal of Psychiatric Nursing 20(2):p 168-178, Jul–Dec 2023. DOI: 10.4103/iopn.iopn\_25\_23

#### **Books Reviewed:**

- Reviewed book “Target High, A book on nursing officers/Staff Recruitment Exam” 5<sup>th</sup> Revised Edition, CBS Publishers in the year 2019.
- Reviewed book “Textbook of Nursing Foundations for B.Sc Nursing Students” authored by Dr. Harindarjeet Goyal, CBS Publishers in year 2020.

#### **Conferences /Workshops/ Seminars:**

##### ***As Resource Person:***

- Presented paper on “Nursing Human Factor during COVID-19 Pandemic” at Three day online International workshop on “Expanded and Extended Role of Nurses in Covid-19 Pandemic Management” Observation of International Infection Prevention week on the theme “Break the chain of Infection” along with celebration of 2nd Annual Day with release of souvenir conducted by SMMCNT&MT, IUST Awantipora from 20th - 22nd October, 2020.
- Presented paper on “Introduction of Innovative Teaching Strategies” at National workshop on Innovative Teaching Strategies in SMMCNT&MT, IUST Awantipora on 28<sup>th</sup> -29<sup>th</sup> September, 2018.
- Presented Paper on “Causes and Transmission of Hepatitis and Standard Precautions in Clinical Practice” at Community Awareness Programme on Hepatitis in SKIMS Medical College and Hospital, Bemina Srinagar on 28<sup>th</sup> July, 2018.

- Presented Paper on Etiology of Substance Abuse in Mental Health Awareness Programme with theme “Prevention of Substance Abuse”, conducted by SMMCON&MT, IUST, Awantipora on June 2017.
- Presented paper on “A study to assess the effectiveness of structured teaching programme on self care of patients with Diabetes Mellitus in endocrinology ward of Sher-I-Kashmir Institute of Medical Sciences Srinagar” at 2<sup>nd</sup> J&K medical Science Congress in SKIMS Srinagar on 10<sup>th</sup> -13<sup>th</sup> , May 2017.
- Presented paper on “Application of Community Development Model in Education, Research & Practice” at MMINSR, SKIMS Srinagar on 8<sup>th</sup>-11<sup>th</sup> July, 2013.
- Presented paper on “Evidence Based Practice Model and Its application in Nursing Education, Research and Practice” in Workshop with theme, “Application of Nursing Theories in Education, Research and Practice” organized by SMMCN&MT, IUST on 14<sup>th</sup> -15<sup>th</sup> May, 2019.

***As Organiser:***

- Organizing member Three days state level Management Development Programme for Doctors and Nursing Health professionals organized by AHA and IUST from 10-12<sup>th</sup> may 2023 at IUST Awantipora
- Joint Organizing Secretary in three day International workshop on “ Bridging Excellence in Cardiac Nursing Practice” along with celebration of 3rd Annual Day with release of souvenir in SMMCNT&MT, IUST Awantipora from 6<sup>th</sup> – 8<sup>th</sup> October, 2021.
- Organizing secretary in Three day online International workshop on “Expanded and Extended Role of Nurses in Covid-19 Pandemic Management” Observation of International Infection Prevention week on the theme “Break the chain of Infection” along with celebration of 2nd Annual Day with release of souvenir conducted by SMMCNT&MT, IUST Awantipora from 20<sup>th</sup> - 22<sup>nd</sup> October, 2020.
- Joint Organising Secretary in Two Day National Workshop on Innovative Teaching Strategies conducted by SMMCNT&MT, IUST Awantipora on 28<sup>th</sup> -29<sup>th</sup> September, 2018.
- Organized Community Awareness Programme on Hepatitis in SKIMS Medical College and Hospital, Bemina Srinagar on 28<sup>th</sup> July, 2018.
- Organized 10<sup>th</sup> National Conference of SOMI by J&K Chapter in association with SKIMS from 27-29<sup>th</sup> September, 2012.

***As Delegate:***

- Successfully completed Nationwide “Training of Nurses for Capacity Building for Management of Children in Covid19 Pandemic and Preparedness of Nursing Professionals against the Third wave” organized by the Director General of Health

Services Ministry of Health and Family Welfare in collaboration with ECHO India on 23rd February, 2022 (Eight CNE Hours).

- Participated in Three days state level Management Development Programme for Doctors and Nursing Health professionals organized by AHA and IUST from 10-12<sup>th</sup> may 2023 at IUST Awantipora
- Ms. Roohi Jan attended the “1st International three Day Webinar on Nursing Research Methodology” held on 25<sup>th</sup> -27<sup>th</sup>, June, 2021 by AMCN&MT, IUST, attained 8 credit hours of CNE by J&K State Nursing Council.
- Attended the Covid 19 in pregnancy webinar on “Women’s Health Research during the Pandemic” held on 3<sup>rd</sup> October, 2020 at University of Birmingham with 3 CPD/CME points.
- Attended the webinar “Impact & Challenges on Teaching, learning & Research in Medical Education- The post-pandemic Era” conducted by Jaypee publishers on 12 September, 2020.
- Participated in Author Workshop on “How to write and publish scientific Articles and Manuscripts” on 15<sup>th</sup> December, 2017 jointly organized by Springer Nature and Islamic University of Science and Technology, Awantipora.
- Participated in World Diabetes Day, 2017 organized by Department of Endocrinology, SKIMS Srinagar in Partnership with MPCOS Society.
- Successfully Completed one week E-Learning program on HIV/AIDS for faculty members as desired by INC in 2017-18 session.
- Completed training program on WHO formulated mhGAP Intervention Guide at Regional Institute of Health and Family Welfare Dhobiwan, Kashmir, conducted jointly by Royal College of Psychiatry London, UK and Directorate of Health Services Kashmir on 23<sup>th</sup> -27<sup>th</sup> September, 2013.
- Participated in “FACE OFF 2013” International Symposium/Live Operative Workshop on craniofacial Surgery on 12<sup>th</sup> -15<sup>th</sup> June, 2013.
- Completed Skills Enhancement Flash Training (SEFT) organized by ANSWERS under Midwifery Strengthening Project at 10<sup>th</sup> National Conference of SOMI, Srinagar 27<sup>th</sup> -29<sup>th</sup> September. 2012.
- Completed first golden minute project, Neonatal Resuscitation program under Indian Academy of Pediatrics as BNCRP held on MMINSR, SKIMS on 23<sup>th</sup> -25<sup>th</sup> June 2012.
- Successfully Completed 10 days Training Course in Basic Life Support (BLS), Emergency Room Trauma Course (ERTC), Skilled birth Attendant (SBA) and Advanced Cardiac Life Support (ACLS) at Skill and Simulation Centre, Regional Institute of Health & Family Welfare, Dhobiwan on 27<sup>th</sup> March, 2019 to 6<sup>th</sup> April, 2019.

**Professional capabilities:**

- Extensive knowledge of all content areas for nursing education.
- Good understanding of student needs assessment.
- Excellent identification of areas of educational need.
- Good teaching and strong verbal and written communication skills.
- Has keen interest in taking up action research in the area of Community Health.

**Declaration:**

I hereby declare that the above mentioned information is true to the best of my knowledge.

Dated: 14/01/2022

Roohi Jan