

CURRICULUM VITAE

Ms. Asmat Parveen, PhD scholar

M.Sc Medical Surgical Nursing, Super Specialty Neurosciences.

Associate Professor/Principal,

Syed Mantaqui Memorial College of Nursing and Medical Technology, IUST Kashmir.

Researcher, Leadership Facilitator, Critical Care Practitioner and Life Skills Trainer.

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Objective:

A growth oriented position in a professionally managed and dynamic organization, which provides opportunities for development and responsibilities to contribute towards by utilizing and expanding upon experience, training and capabilities.

Synopsis:

- Prof (A) Asmat Parveen, PhD scholar, Maharishi Markandeshwar University, Mullana, Deemed University in Ambala, Haryana, with 33 years of experience out of which 19 years of clinical experience in various areas viz; post-operative ward, gastroenterology ward, intensive neonatal care ward, operation theatre, Radiology department in tertiary care hospital SKIMS, Kashmir India.

Professional Qualifications:

- Ph.D Scholar Maharishi Markandeshwar University, Mullana, Deemed university in Ambala, Haryana
- M.Sc Nursing Rajiv Gandhi University of Health Sciences Bengaluru, Karnataka, 2012.
- Diploma in Critical Care Nursing (Practitioner course) from IGNOU, via SKIMS Soura Deemed University 2017.
- Post-Graduate Diploma in Hospital and Health Management from IGNOU, via SKIMS Soura Deemed University, 2007
- Post Basic BSC Nursing from IGNOU via Raj Kumari Amrit Kaur College of Nursing, New Delhi 2004
- General Nursing Midwifery (A Grade Diploma) from SKIMS, Soura Deemed University, 1991(PGI).

Academic Qualification:

- 10 +2 with Science from JKBOSE, in 1987
- Graduation in Political Science and sociology from University of Kashmir in 2004.

Memberships:

Life membership of

- TNAI.
- SOMI.
- BPNI.
- RegisteredNurse-6689(Sept.1991PNRC).
- RegisteredMidwife-6904(Sep.19991PNRC).
- Registered Nurse and Midwife J&K Para-medical and Nursing Council UT.

FELLOWSHIPS/CERTIFICATIONS

- Member Secretary of BOS for School health Sciences IUST.
- Member of Infection Control Committee SKIMS.(2012)
- Member of JK Nursing Council.
- Member Secretary of IEC, IUST
- Member of DIQA, IUST
- Chairperson, Departmental Internal Quality Assurance Unit (IQAC)(Since2017).
- Member Central Purchasing committee IUST
- Member of Executive council, IUST
- Chairman of DPTC (Departmental Purchase cum Technical Committee) for SMMCN&MT.
- Member of DPTC (Departmental Purchase cum Technical Committee) for DIT & SS.
- Member of Recruitment Committee for SMMCN&MT and Vocational Studies.
- Chairman of Curriculum Committee, SMMCN&MT.
- Member of Curriculum Committee IUST.
- Member for Migration Committee.
- Member for BOS for Vocational Studies.
- Chairman of Departmental committee for adjunct faculty.
- Member of anti-ragging committee.

TEACHING EXPERIENCE:

- Associate Professor & Principal, Syed Mantaqui Memorial College of Nursing and Medical technology from June2016 onwards. (State university).
- Tutor, SKIMS Soura,fromJuly2008-2016(Deemed university)
- Nursing Officer, SKIMS Soura from 1991-2008
- Public Health Nursing officer in Kingdom of Saudi Arabia (KSA) from1993-1997.

Areas of Interest/Courses Taught and Research:

Clinical Nursing, Nursing Education, Advanced Practice Nursing, Nursing Leadership, Nursing Management, Nursing Ethics, Nursing, Critical Care Nursing, Nursing Administration, Clinical Decision Making, Community Nursing, Nursing Diagnosis, Nursing Theory, Primary Care Nursing, Clinical Teaching, Community Health Nursing, Public Health Nursing, Emergency Nursing, Family Nursing, Nursing Informatics, Quality Improvement, Mental Health Nursing, Preceptor Ship, Psychiatric Nursing, Perioperative Nursing, Maternal-Child Nursing, Professional Autonomy & Evaluation Health Care Quality.

PROFESSIONAL LEADERSHIP POSITION

- Key instrumental in establishing two Nursing Colleges of IUST in two districts during the turmoil of Kashmir 2016 (Founder Principal of constituent colleges of IUST viz, Alamdar College of Nursing and Medical Technology Charar-I Shareef (School Code-1403008) District Budgam. Syed Mantaqui Memorial College of Nursing and Medical Technology Awantipora (School Code– 1403013) District Pulwama.)
- Key instrumental in initiating the MOU with different Hospitals of Valley like SKIMS, GMC Anantnag, GMC Srinagar, SKIMS Medical College Bemina and IMHANS and outside Valley like AIIMS Rishikesh and Sriramachandra deemed University Chennai Tamil Nadu. etc.
- Arrangement of Guest Faculty and clinical training for both the Nursing Colleges of IUST
- at GMC Anantnag, SKIMS Soura, IMHANS.
- Chief-in editor for Sovinier of Annual days of SMMCN&MT, IUST
- Member of Advisory committee of Sovinier of all Annual Days of SMMCN&MT, IUST
- Chairperson of Research Scientific committee of SMMCN&MT.
- Warden Girl's Hostel IUST.
- Implementation of MLHP on basis of which the B.SC nursing students got CHO posts direct appointment.
- Implementation of Revised Curriculum set by INC.

REASEARCH AREAS AND PUBLICATIONS

- Research gate: <https://www.researchgate.net/profile/Ms-Parveen-2>
- Google scholar: <https://scholar.google.com/citations?user=dVc7EVQAAAJ&hl=en>
- <https://www.scoopnews.in/det.aspx?q=118362>

- <https://srinagarmail.com/2022/11/09/3807/>
- <https://youtu.be/k049IOjLwSE>
- <https://fb.watch/gJUo9jaXiZ/>
- <https://www.greaterkashmir.com/kashmir/iust-skims-sign-mou-for-academic-collaboration>
- <https://www.greaterkashmir.com/news/opinion/the-real-frontline-warriors/?amp>
- <https://www.greaterkashmir.com/amp/story/todays-paper/op-ed/current-trends-in-oncology-nursing>
- https://www.greaterkashmir.com/amp/story/opinion/all-have-a-role#aoh=16430754347113&referrer=https%3A%2F%2Fwww.google.com&_tf=From%20%251%24s
- <https://thekashmirhorizon.com/2022/06/19/iust-awantipora-organises-autism-pride-day/>
- <https://www.risingkashmir.com/-IUST-commemorates--World-AIDS-Day--96395>
- <https://arisingstate.com/iust-organizes-awareness-programme-on-the-eve-of-world-mental-health-day/>
- <https://www.risingkashmir.com/-IUST-holds-awareness-progs-on-prevention--diagnosis-of-hepatitis-89920>
- <https://kashmirreader.com/2021/09/14/iust-hosts-webinar-on-drug-de-addiction-awareness/>
- <https://www.jammulinksnews.com/mb/newsdet.aspx?q=281727>
- <https://kashmirobserver.net/2021/04/08/iust-initiates-village-adoption-programme/>
- <https://www.greaterkashmir.com/op-ed-2/iusts-smmcnmt-initiates-village-adoption-programme-with-integrated-approach-towards-health-care>
- <http://brighterkashmir.com/iust-initiates-village-adoption-programme>
- <https://www.risingkashmir.com/-IUST-conducts-PCOD-awareness-campaign-70054>
- <https://www.pressreader.com/india/kashmir-observer/20210715/281908776153679>
- <https://brighterkashmir.com/iust-celebrates-international-nurses-day>
- <https://thekashmirhorizon.com/2022/05/14/iust-celebrates-intl-nurses-day/>
- <https://www.knowledgegateofjk.com/2022/05/iust-notice-regarding-nurses-day-check.html?m=1>
- <https://www.greaterkashmir.com/todays-paper/kashmir-todays-paper/iust-conducts-awareness-programmes-on-world-hepatitis-day>
- <https://kashmirobserver.net/2021/08/09/iust-nursing-colleges-commemorate-world-breastfeeding-week/>
- <http://brighterkashmir.com/---nursing-colleges-of-iust-commemorate-world-breastfeeding-week>
- <https://kashmirreader.com/2021/10/07/advisor-bhatnagar-inaugurates-workshop-on-bridging-excellence-in-cardiac-nursing-practice-at-iust/>
- <https://indiaeducationdiary.in/advisor-bhatnagar-inaugurates-three-day-international-workshop-on-bridging-excellence-in-cardiac-nursing-practice-at-iust/>
- <https://www.pressreader.com/india/kashmir-observer/20211007/281921661218602>
- <http://brighterkashmir.com/advisor-bhatnagar-visits-iust-inaugurates-intl-workshop>
- <https://thekashmirimages.com/2021/10/06/ig-to-transform-skill-technical-edu-as-per-nep-2020-bhatnagar/>
- <https://www.greaterkashmir.com/todays-paper/health-todays-paper/govt-committed-to-provide-best-healthcare-facilities-advisor-bhatnagar>
- <https://kashmirreader.com/2020/10/23/workshop-on-expanded-and-extended-role-of-nurses-in-covid-19-pandemic-management-concludes-at-iust/>
- <http://brighterkashmir.com/covid-19-3-day-online-intl-workshop-on-role-of-nurses-started-at->

[iust](#)

- <https://www.greaterkashmir.com/todays-paper/two-day-national-workshop-on-innovative-teaching-strategies-in-nursing-education-concluded-at-iust>

Research Projects (Principal Investigator):

S.No.	Project Title	Completed/Under Process	Published /Under process
1.	A performance analysis of web-learning outcome based nursing curriculum framework for enhancement of self-directed readiness vs conventional teaching methods among selected b.sc nursing students of Kashmir.	Under process	Under process
2.	An explorative study to assess the availability, utilization of selected public health-care services with a view to develop need based technological intervention in three district hospitals of Kashmir valley (PHD Project)	Under process	Under process
3.	Assess the levels of stress among nursing students IUST	Under process	Under process
4.	A Study to assess the breast cancer knowledge and barriers to screening among female students in selected colleges of Kashmir.	Under process	Under process
5.	A study to assess Effectiveness of educational intervention on palliative care among under-graduate nursing students of selected nursing colleges of Kashmir.	Under process	Under process
6.	A study to assess effectiveness of knowledge, attitude and practice towards Insulin Self-administration and associated factors among diabetic patients at selected hospitals of Kashmir.	Under process	Under process
7.	A study to assess the prevalence of social media usage & its effect on mental health of B.Sc nursing students studying in selected nursing colleges of the Kashmir.	Under process	Under process
8.	Assess the knowledge and attitude of general population aged between 18-45 years towards Covid-19 vaccination.	completed	Published
9.	Evaluate the psychological impact of Covid-19 on general public and coping strategies used by the recovered Covid -19 affected individuals during course of illness.	completed	Published
10.	Effectiveness of educational intervention on knowledge of adolescent boys and girls regarding health hazards of smoking in Syed Mantaqui Higher Secondary School Awantipora	completed	Published
11.	A study to assess the knowledge and attitude of higher	Completed	Published

	secondary students towards nursing profession in selected higher secondary schools of district Pulwama.		
12.	A study to assess the effectiveness of structured teaching programme on knowledge regarding basic life support among nursing students of AMT school Pulwama.	Completed	Published
13.	A study to assess the impact of structured teaching programme on knowledge regarding selected learning disabilities in children among teachers in selected high schools of Awantipora.	Completed	Published
14.	A study to assess the level of stress among nursing students of IUST during COVID-19 Pandemic	Completed	Published
15.	Satisfaction Survey of Accident and Emergency Department in a Tertiary Care Hospital of SKIMS	Completed	Published
16.	A Study To Assess The Effectiveness of Structured Teaching Programme Regarding Knowledge on Prevention of Polycystic Ovarian Syndrome Among The Students of Girl's Hostel of IUST Awantipora	Completed	Published
17.	Knowledge and Attitude of higher secondary students towards nursing profession in selected higher secondary schools of district Pulwama in 2020	Completed	Published
18.	A Study to Assess the Effectiveness of Structured Teaching Programme on Knowledge Regarding Prevention of Needle Stick Injury among 1st Year B.Sc Nursing Students of Syed Mantaqui Memorial College of Nursing and Medical Technology Awantipora Kashmir	Completed	Published
19.	Utilization of Nursing Manpower in Medical Wards at a large teaching Hospital, Recent trends in Management and Commerce.	Completed	Published
20.	Assessment of the impact related to prevention of stroke associated with hypertension by imparting health education.	Completed	Published
21.	A Study to Assess the Satisfaction Survey of Patients and Their Relatives in Accident & Emergency Department of SKIMS Tertiary Care Hospital of Srinagar Kashmir.	Completed	Published
22.	Use of Personal Protective Equipment's for Prevention of Covid-19 Infection among Students of Selected Nursing College of Kashmir	Completed	Published
23.	A study to assess the impact of health education related to prevention of stroke associated with hypertension among the inpatients of district hospital Chitra Dirge, Bangalore, Karnataka"	Completed	Published
24.	A study to assess the utilization of nursing manpower in medical wards" of SKIMS Soura, Srinagar.	Completed	Published
25.	"A study on issues and preventive measures taken to control Covid-19",	Completed	Published
26.	Problems Faced by Nurses in Providing Quality Care to the	Completed	Published

	Patients		
27.	Evidence Based Research on Diabetic Foot.	Completed	Published
28.	Challenges and Problems in Health Administration in India	Completed	Published
29.	Benefits of Olive Oil	Completed	Published

Article Publications:

S.No.	Article Title	Publication
01.	Anxiety Disorders	Souvenir on Annual day 2016 MMINSR, SKIMS, seminar on “perspectives in Psychiatric Nursing Practices” Page no. 48-56.
02.	Political and Economical Aspect on Healthcare Delivery system in Nursing Care Practice	SouvenirAnnualday2015MMINSR, SKIMS, seminar on “Advanced Nursing Practices “Page no. 35-37.
03.	Mastectomy Care	Souvenir-Continuing Education Programme (CME) on latest Trends in Surgical Nursing, Department of Nursing Education, SKIMS, July 2003, 10-11.
04.	Seizures & Epilepsy	Journal of Nursing Practice & Research, SKIMS 2006,4(1);5-10.
05.	Use of computers in Nursing	Journal of Nursing Practice & Research,SKIMS,Vol-2006;5(2&1);51-54
06.	Objective structured clinical examination	Souvenir on Annual day 2018 SMMCN&MT, IUST, Workshop on “Innovative teaching strategies in Nursing education”
07.	Extended and Expanded role of Nurse in Managing Covid-19 Patients	Souvenir on Annual day 2020 SMMCN&MT, IUST, Workshop on “International Work Shop on Expanded and Extended Role of Nurses in Covid-19 Pandemic Management, Observation of International Infection Prevention week on the theme “Break the chain of Infection
08.	Identification and management of sleep apnea to reduce cardiovascular disease risk	Souvenir on Annual day 2021 SMMCN&MT, IUST, Workshop on “Bridging Excellence in Cardiac Nursing Practice”1-12
09.	Heart sounds	Souvenir on Annual day 2021 SMMCN&MT, IUST, Workshop on “Bridging Excellence in Cardiac Nursing Practice”, 13-20

Organizational experience: -

Programme	Date	Venue
Organized One day Seminar on Research Methodology	9 th November, 2022	SMMCN&MT
Organized Autism Pride Day in collaboration with white Globe Foundation	18 th June, 2022	Green Valley Educational Institute Illahi Bagh Srinagar
Organized World AIDS Day with theme “End Inequalities, End AIDS, End Pandemics’ in collaboration with Jammu Kashmir AIDS Control Society (JKACS) and Jammu and Kashmir Paramedical Council.	1 st December, 2021	SMMCN&MT
Organized Mental Health Awareness	11 th October, 2021	PHC Mattan and sub-

Programme with theme “Mental health in an unequal world” under the red ribbon club.		district hospital Bijbehara.
Organized one day Webinar on Drug De-addiction Awareness under the red ribbon club.	12 th September, 2021	SMMCN&MT
Organized Village Adoption Programme (PCOD awareness, Covid Vaccination awareness, Deworming and iron medicine distribution).	3 rd -6 th April, 2021	Anghazpora, Padgampora.
Organized World Health Day with Theme ‘ Building a Fairer, Healthier World’ followed by Seminar	7 th April, 2021.	SMMCN&MT
Organized Celebration of International Nurses Day with Theme ‘ Nurses a Voice to lead, a Vision for future health care’ followed by 2 days workshop on “Research Methodology”.	6 th -7 th , May, 2021	SMMCN&MT
Organized Awareness Programmes on World Hepatitis Day	28 th July, 2021	SKIMS, GMC Anantnag
Organized Awareness programme on World Breastfeeding week 2021	2 nd to 7 th , August, 2021	SKIMS, GMC Anantnag
Organized 3 rd Annual day 2021 Workshop on “Bridging Excellence in Cardiac Nursing Practice”,	6-8 th October, 2021	SMMCN&MT, IUST,
Organized Three day online International workshop on “Expanded and Extended Role of Nurses in Covid-19 Pandemic Management” Observation of International Infection Prevention week on the theme “Break the chain of Infection” along with celebration of 2nd Annual Day	20th - 22nd October, 2020	SMMCN&MT, IUST,
Organized International Nurse’s Day with Lamp Lighting Ceremony followed by workshop on “Application of Nursing Theories in education, research and practice”	14 th May, 2019	SMMCN&MT, IUST,
Arranged Hands on Skill Training Programme	29 th March 2019 to 5 th April 2019	Dhobiwan Tangmarg
Organized World Health Day	9 th April 2018	SMMCN&MT, IUST,
Organized Awareness programme on hepatitis B	28 th July ,2018	SKIMS, GMC Anantnag, SDH Bijbehara

Organized School Health Programme	29 th and 30 th May 2018	Hajahad Public School Awantipora and Govt. middle school Anghazpora
Organized Awareness programme on breast feeding	1 st to 7 th August, 2018	SKIMS
Organized National Work Shop on Innovative Teaching Strategies in Nursing	28 th and 29 th September, 2018	SMMCN&MT, IUST,
Organized Mental Health Awareness Programme on “Prevention of Substance Abuse”	April 2017	SMMCN&MT
Organized Celebration of International Nurses Day:	April 2017	SMMCN&MT

PAPER PRESENTATIONS:

- **Presented Paper on, “Identification and management of sleep apnea to reduce cardiovascular disease risk in International Work Shop on Bridging Excellence in Cardiac Nursing Practice along with celebration of 3rd Annual Day with release of souvenir from 6th -8th October, 2022 organized by SMMCN&MT, IUST Kashmir.**
- **Presented Paper on “Extended and Expanded role of Nurse in Managing Covid 19 Patients “in International Work Shop on Expanded and Extended Role of Nurses in Covid-19 Pandemic Management, Observation of International Infection Prevention week on the theme “Break the chain of Infection” along with celebration of 2nd Annual Day with release of souvenir from 20th-22nd October, 2020 organized by SMMCN&MT, IUST, Kashmir.**
- **Paper presented on “objective structured clinical examination” in National workshop on innovative teaching strategies in Nursing education organized by SMMCN&MT IUST, Kashmir (2018)**
- **Presented paper on Guidance and Counseling in Continuing Nursing Education Programme with Theme “Application of Management Techniques in Nursing Services” Sponsored by DGHS. (2017)**
- Presented Paper on Preventive Strategies of Substance Abuse in Mental Health Awareness Programme with theme “Prevention of Substance Abuse”, conducted by SMMCON&MT, IUST, Awantipora (2017).
- Presented a paper on 5TH Annual International Conference of Neurological Surgeons Society of India 2016 at SKICC, Srinagar. Tetsukanno, President of Japan international medical Cooperation was the chief guest (2016).
- Presented a paper on Survey satisfaction of patients and their relatives in Accident and Emergency Department of SKIMS Tertiary care Hospital Srinagar, Kashmir, in 11th JK Science Congress 2015, Scientific, Social and Economic Dimensions of Climate Change organized by Kashmir University 2015.

- Paper presentation in SOMI at 10th National conference of the society for midwives of India .J&K chapter in association with SKIMS Soura Srinagar Kashmir (Sept.2012.)

Number of conferences, Workshops/Academic Activities Involvement:

- Attended One Week Online Basic Course on Biomedical Research Organised By Science Tech Institute, Lucknow during February 21-27 2022
- Attended One Week Faculty Development Program on Advanced Research Methodology during 21-27 March 2022, Jointly Organised by Amiruddaula Islamia Degree College, Lucknow & Science Tech Institute, Lucknow.
- The webinar on “A conceptual Review of Critical Care Nursing- Relief for the Gasping World” held on 12-14th July, 2021 at MMINSR, SKIMS, Soura Kashmir.
- 1st International three Day Webinar on Nursing Research Methodology held on 25th -27th, June, 2021 by AMCN&MT, IUST attained 8 credit hours of CNE by J&K State Nursing Council.
- Workshop on critical care: demystifying clinical nursing skills (society of emergency and cardiac nurses of India.ABG analysis and ventilator support organized and hosted by MMUCN, Haryana (sln:612).24thFeb **05 INC credit hours**.
- Workshop on online research methodology Rest society for research international 18-20 April 2020(c.no:aab1047).
- Online Multicriteria decision making workshop Rest society for research international 23-25, April 2020 (c.no: aab00640).
- One week STTP on teaching and learning pedagogy (online mode) Rest society for research international 18-22 April,2020 (c.no:aab00371).
- Basic online research method **workshop successfully completes and qualified exam of three days basic online research method workshop** Rest society for research international 28-30 April 2020 (c.no:aado619).
- Accelerate research planning, using Elsevier science direct and Mendeley Elsevier collaborated with IUST International.(4th may 2020).
- One week STTP on advanced research methodology Rest society for research international 11th to 15th may (c.no:aaf1221, 2020)s.
- One week STTP workshop on statistical analysis for research Rest society for research international 18th to 22th may,2020)
- Webinar on exploring web of science, end note ,journal citation report for promoting excellence in research international organized by Iust,teqip-3 & clarivate analytics.(wb-02-bres-ku-2020) 5th June 2020.
- International day against drug abuse and illicit trafficking theme 2020(“better knowledge for better care.(Amity university Haryana)27th June.
- National level webinar on elderly care practices for promoting healthy aging in covid-19(pandemic) vinayakamissions College of nursing karaikal.15th -17th July, 2020.

- Public health concerns: need of hour in hilly Doda of Jammu & Kashmir India “Dept. of biochemistry GMC.Doda12CMEcredithours.(c.no:011) 14-16July.
- Virtual learning in educational education organized by Amala college of nursing Thrissur, 17th July, 2020.
- One day international workshop on reference management of Mendeley organized by MMU Ambala Haryana.10th august.2020.
- Webinar on eat right, bite by bite, organised by vinayaka missions college of nursing karaikal by department of community health.18th September 2020.
- Online seminar on “Role of health care providers in pandemic situation”18th September, 2020 conducted by Heart care Foundation of India.
- Basic life support (BLS) health care provider course, TNAI awarded 08 credit hours.
- Advanced cardiovascular life support (ACLS) health care provider course TNAI awarded 16 credit hours.
- Attended 10 days training programme on Basic life support (BLS)<Emergency room trauma course (ERTC), Advanced cardiac life support (ACLS),SKILLED Birth Attendant (SBA) 2019.
- Attended national workshop on Simulation at Rishikesh AIIMS(oct.2018)
- Attended Biomedical National conference at Rishikesh AIIMS (.oct.2018)
- Participated in Author workshop jointly organized by IUST and Springer Nature.
- Organized awareness Programme and paper presented on Hepatitis and paper presented on Hepatitis B at SKIMS Medical college Bemina.(2018).
- Participated in 11th JK Science Congress 2015, Scientific, Social and Economic Dimensions of Climate Change.
- Clinical Medicine update Institute of Hotel Management, Rajbagh, Srinagar, Kashmir 26 April,2014Directorateof Health Services, Kashmir
- Indian Academy of Pediatrics Neonatal Resuscitation Programme First Golden Minute Project At Auditorium MMINSR,SKIMS Soura, Srinagar in 22 to 23 May,2014 at District Instructor /BNCRP
- CNE on Concepts Auditorium,08 to 11 at MMINSR,SKIMS
- Principles & Applications of Nursing Research. SKIMS in July, 2014.Nursing Update on Patient Safety Auditorium, SKIMS in14 March, 2013 Department of Nursing Education.
- CNE on “Application of Nursing Theories in Education Research & Practice at Auditorium MMINSR,SKIMS Soura, Srinagar in 08 to11July,2013 at MMINSR,SKIMS Soura, Srinagar
- SOMIS,10th National Conference of the Society of Midwives India at Auditorium Hall, SKIMS in 21to29 September, 2012 at J&K Chapter in association with SKIMS Soura, Srinagar.
- Continuing Nursing Education Programme on Innovations in Nursing Education in CON SKIMS Soura in 7 to 17April, 2010 College of Nursing SKIMS Soura, Srinagar.
- Holistic Health conferences for Nursing Professionals at Brahma Kumaris, Shanti van-Dist. Sirohi, Rajasthan in 18 to 22 September, 2009 Jointly Organized by: Medical Wing of Rajyoga Education & Research Foundation, BSESMG Hospital, Andheri(W),Mumbai & Prajapita Brahinma Kumaris, Ishwariya Vishwa Vidyalya Mount Abu.
- Endocrine Update at Sher-i-Kashmir Institute of Medical at 10-04-2008 at Sher-i-Kashmir Institute of Medical Sciences(SKIMS) Srinagar,
- Stoma Care Workshop Sher-i-Kashmir Institute of Medical Sciences (SKIMS) Srinagar, J&K Department of Nursing Administration SKIMS &International Ostomy Association.
- Challenges in Hospital Administration at SKICC in 07 to 09 September, 2007 Department of Hospital Administration SKIMS

- Continues Nursing Education (Mental Health Nursing). Sher-i-Kashmir Institute of Medical Sciences (SKIMS) Srinagar, J&K 3 to 13 August, 2005 Sher-i-Kashmir Institute of Medical Sciences (SKIMS) Srinagar, J&K
- National Level Multidisciplinary Infection Control & Clinical Microbiology Sher-i-Kashmir Institute of Medical 02 to 10,2004 Sciences(SKIMS) Srinagar, J&K at Sher-i-Kashmir Institute of Medical Sciences(SKIMS) Srinagar, J&K
- Update in Latest Trends in Education in Surgical Nursing. Sher-i-Kashmir Institute of Medical Sciences (SKIMS) Srinagar, J&K in 04 to 14 August, 2003 at Nursing Education , SKIMS, Srinagar, Kashmir.

Organizational experience: -

- As Chairman, Organized Annual Day Functions, and workshops at SKIMS, SMMCN&MT, IUST.
- Organized academic activities like CNE' programs, faculty development programmes.
- Conducted entrance and other examinations for undergraduates and postgraduate nursing courses run by SKIMS University, College of Nursing, and GMC Srinagar. College of Nursing, South Campus KU, BBHNMT Srinagar.
- Regarding Village Adoption Programme, adopted different villages viz; Anghazpora, Padgampora, Mattan etc, continuously educating them about healthcare with special focus on training of rural youth, School teachers, environmental sanitation, drug de-addiction, maternal and child health, awareness, prevention of communicable and non- communicable diseases and new health schemes, girl child education, school health campus and ASHA training. A vaccination drive against Covid-19 has also been initiated. An intensive door-to- door survey has been conducted in which the high-risk group and population above the age-group of 45 was identified. The target population was provided awareness regarding vaccination so as to motivate them to undergo vaccination. We have also initiated sensitization of women and adolescent girls regarding PCOD risk factors, diet, lifestyle modification and how to manage the psychological impact of PCOD. In addition to this, the students also participated in different health related activities that included health assessment and mass de-worming of children under five years of age, identification of any chronic disease and making proper referrals.
- Planned and organized various Awareness programs for, school / university students and general masses on, TB, Family planning, Nutrition, AIDS, RCH, Non communicable diseases, infectious diseases, Maternal and child health, smoking etc.
- Getting Involved in Guest lectures, training programs and sensitization/awareness programs

External and internal Examiner/ Paper setter for: -

- B.Sc and M.Sc Nursing (within & outside state)

Total experience

- After GNM 13+ years
- After B.Sc(Nursing) 16+ years
- After M.SC (Nursing) 26+ years
- *Total Experience* 31 years (14 years teaching +17 years clinical)

Strengths and weakness

- Dedication, hard work and honesty has remained my strength
- Can't tolerate injustice, favors or pressures

Administrative Experience: -

As Principal, SMMCN&MT & Head of the department, MSN : [Since 2016 – till date]

- *Planning, organizing, coordinating& implementing policies and activities for nursing colleges.*
- *Organizing and upgrading teaching, training programs and various services of nursing colleges. The thrust areas have been*

Rural health services

- Planning, Coordinating and managing of comprehensive rural health care services in field practice area of Block Awantipora and Mattan Block (with CHC,PHC's, SC's) attached to the department.

UG Teaching & training

- ◆ Organizing, coordinating & supervising entire undergraduate teaching activities and training programs of the nursing college
- ◆ Training of various students, interns during internship, and paramedical staff in areas of preventive, Promotive, rehabilitative skills of public health importance.