



ISLAMIC UNIVERSITY OF SCIENCE AND TECHNOLOGY KASHMIR

Centre for Wellness Health

Nasha Mukth Campus Rally Organized under Sewa Parv

The **Centre for Wellness Health, IUST**, in collaboration with the **Office of the Proctor** and the **Dean of Students**, organized a rally on *Nasha Mukth Campus* under the banner of **Sewa Parv** on **29 September 2025**.

Students from various departments participated with great enthusiasm, spreading awareness about the harmful effects of substance abuse. As part of the rally, participants took a pledge to say “*No to Drugs, Yes to Life*,” reaffirming their dedication to a healthier and drug-free campus.

The pledge was administered by **Prof. Yasmeen Syed Ashai**, Director, Rinchen Shah Centre for Himalayan Studies, who encouraged the students to act as ambassadors of positive change within the university and society at large. The rally moved across the university campus and was joined by **Senior Proctor Dr. Hashim**, along with **Proctors Dr. Bilal Ahmad, Dr. Javeed Ahmad, Dr. Shaiqa Nasreen, and Ms. Urooj Manzoor (Counsellor, CWH)**.

The success of the event was made possible through the dedicated support of the **office staff**, from Proctors office and Centre for wellness Health, whose efforts played a crucial role in its smooth organization.

The rally highlighted the university’s ongoing commitment to student well-being and its vision of fostering a safe, responsible, and drug-free academic environment.