

# **Islamic University Of Science & Technology**

Alamdar Memorial College of Nursing & Medical Technology, Charar-i-Sharief, Budgam.

Organizes One day awareness programme on "IMPACT OF COVID-19" on Mental Health

Among general population at adopted village Nagbal Charar-i-Sharief, Budgam.



#### Mental Health & its importance:

Mr. Tabashir Bashir

Prevention of Mental illness during covid-19 pandemíc

Prof (Dr.). Mehmooda Regu

How Covid-19 affects Mental Health

Mr. Syed Shahid

Relation of Mental Health with Physical Health

Ms. Bushra Mushtaq

Rights of Mentally ill Patient

Mr.Syed Mujtaba, Child Lawyer, IMHANS, Srinagar

Dated: 06-10-2021

### **Participants**

- 1. College Students 3<sup>rd</sup> year.
- 2. Population at adapted village.
- at adopted village.

#### Organizing Chair Person:

Prof. (Dr.) Mehmooda Regu

Organizing Secretary

Mr. Tabashir Bashir

## Organizing Members

- 1. Ms. Neelofar Jan
- 2. Ms. Asifah
- 3. Mr. Syed Shahid
- 4. Ms. Ms Rohi Jan
- 5. Ms. Bushra Mushtag
- 6. Ms. Insha Rasool
- 7. Ms.Nighat Gowhar
- 8. Ms.Fehmooda Mehmood

- 3. School teachers

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