



# **The International Journal of Spirituality**

An Annual Double-Blind Peer-Reviewed Journal

Published by

**International Centre for Spiritual Studies**

**Islamic University of Science and Technology, Kashmir**

ISSN: 2347-9566

## **About the Journal**

*The International Journal of Spirituality* (TIJOS) (ISSN 2347-9566) is a double-blind peer-reviewed, interdisciplinary journal committed to the critical study of religion, with particular focus on the diverse expressions of spirituality. Published annually by the International Centre for Spiritual Studies (ICSS) at the Islamic University of Science and Technology (IUST), Kashmir, the journal provides a forum for reflective, rigorous scholarship that engages both classical traditions and contemporary spiritual discourse. While the journal encompasses the esoteric dimensions of religious life – mysticism, contemplative practice, ethical formation, and lived spirituality – it also welcomes broader contributions to the academic study of religion.

*TIJOS* encourages dialogue across disciplines and traditions, aiming to bring together voices from diverse intellectual and cultural backgrounds. In addition to original research articles, the journal features review essays, reflective writings, and critical discussions that contribute to the field of Religious Studies. Rooted in a global perspective yet attentive to regional and indigenous spiritualities – including those of South Asia and Kashmir – *TIJOS* seeks to deepen understanding of the complex and enduring role of religion in human experience.

## **Aim and Scope**

*The International Journal of Spirituality* (TIJOS) seeks to cultivate a thoughtful and interdisciplinary space for the academic study of religion, where spiritual insight and scholarly inquiry meet across traditions, cultures, and disciplines. While maintaining a special focus on the spiritual dimensions of religious life, the journal welcomes

diverse approaches that engage the broader landscape of religious thought and practice in the contemporary world.

*TIJOS* encourages dialogue across boundaries – between disciplines, traditions, and between the inherited past and the pressing questions of the present. Contributions that draw upon critical, historical, and constructive methods are especially welcome, as are those that challenge disciplinary silos and bring fresh theoretical insight to the study of religion.

The journal invites manuscripts that:

- Engage deeply with spiritual and ethical legacies across religious traditions;
- Open space for underrepresented voices and neglected dimensions of traditional knowledge;
- Critically reflect on how religion interacts with contemporary ideologies, global crises, and emerging forms of meaning-making;
- Build bridges between religious studies and disciplines such as psychology, history, neuroscience, environmental studies, and technology-related fields, particularly where questions of consciousness, ethics, and human flourishing arise.

By creating a platform for scholars, researchers, and reflective thinkers from across the humanities and sciences, *TIJOS* aims not only to document the evolving role of religion, but to contribute meaningfully to the larger human conversation about values, identity, and the search for meaning in a rapidly changing world.

## **Instructions for Submission**

*The International Journal of Spirituality* (TIJOS) welcomes original, unpublished work that reflects intellectual seriousness, methodological clarity, and a commitment to broadening the scholarly conversation across traditions and disciplines. We are particularly interested in work that brings new perspectives to bear on longstanding questions, opens up underexplored areas of inquiry, or fosters dialogue between the humanities and emerging scientific fields.

## **Submission Guidelines**

### **1. Types of Submissions**

*TIJOS* accepts the following categories of scholarly work:

- **Research Articles** (minimum 5,000 words, excluding references): Articles should be grounded in sound research and contribute meaningfully to contemporary debates in religious studies.
- **Review Essays** (minimum 3,000 words): Extended discussions of recent publications, intended to situate new work within a broader intellectual context.

- **Book Reviews** (1,000–1,500 words): Brief, critical evaluations of recent works relevant to our thematic scope.
- **Other formats**—including interviews, conference reports, translations, or reflective pieces—may be considered, depending on the relevance and merit of the contribution.

## 2. Formatting Requirements

- Manuscripts need to be submitted in **Microsoft Word** (.doc/.docx), using **Times New Roman, 12 pt**, double-spaced, with standard 1-inch margins.
- A separate **title page** should include the article title, author's name(s), institutional affiliation(s), email address, and a short author bio (approx. 150 words).
- The main document should begin with the title, followed by an abstract (150–200 words) and 5–7 keywords. The author's name should not appear in the body of the manuscript to preserve anonymity during peer review.
- All non-English words should be italicized and transliterated consistently. Diacritics may be used where they enhance clarity.

## 3. Referencing Style

- *TIJOS* follows the **latest edition of The Chicago Manual of Style** (Notes and Bibliography format).
- Footnotes should be used for all citations, and a complete bibliography should be included at the end of the document.
- Authors are encouraged to ensure that references are complete, consistent, and correctly formatted before submission.

## 4. Visual Material

- If your article includes tables, figures, or images, they should be submitted in high resolution (300 dpi or higher) with appropriate permissions for reproduction.
- Please include a caption for each visual element and indicate its placement clearly within the text.

## 5. Ethical Responsibility

- All submissions must be original and unpublished, and should not be under review elsewhere.
- Authors are expected to observe academic integrity in citation practices and attribution.
- It is the responsibility of the author to secure all necessary permissions for copyrighted or previously published material.

## 6. Review Process

Submissions will be assessed through a **double-blind peer review** process. Authors can expect an initial response within **two months** of submission.

## **7. How to Submit**

Submissions to the journal are to be made via email. The **Call for Papers**—including thematic focus, deadlines, and submission guidelines—will be published periodically on the official webpage of the International Centre for Spiritual Studies, Islamic University of Science and Technology. Each call will clearly mention the dedicated email address for submission. Please ensure that your manuscript follows the latest author guidelines before sending. An acknowledgment of receipt will be sent within four weeks of submission. Upon acceptance, authors will be guided through the final formatting and publication process.

### **Note to Contributors**

We encourage contributions from scholars at all career stages and from a variety of academic and cultural backgrounds. In particular, we welcome interdisciplinary work that reflects the evolving intersections of religion, mysticism, ethics, science, and society. Our aim is to sustain an open, intellectually rigorous, and ethically grounded space for scholarship that speaks to both historical insight and contemporary relevance.

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International Centre for Spiritual Studies  
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ISSN 2347-9566

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