Open Elective

Moral & Spiritual Studies I

Course Code	Course Title	Credits	Type of course	Max. Marks
CCS01E	Moral & Spiritual Studies I	2	General	50

Unit I: **Nature and concerns of Spirituality:**

1. Creator
2. Man
3. Universe
4. State of Animality
5. State of Rationality
6. State of Peaceful Mind

Unit II: **Intellectual and Spiritual Development of Man:**

1. Knowledge: Certainty of Knowledge, Certainty of Sight, Certainty of Truth.
   (*Ilm ul Yaqeen, Ain ul Yaqeen, Haq ul Yaqeen*)

2. Irfaan: Revelation and Intitution.
3. Heart, Mind, Soul and Body: (Diseases and Remedies)

Open Elective Multidisciplinary Course
Introduction to Spirituality

Course Code	Course Title	Credits	Type of Course	Max. Marks
SS-MD-01	Introduction to Spirituality	3	Multidisciplinary Open Elective	75

Course Objectives:

The course is designed to provide students with a comprehensive understanding of spirituality from religious, philosophical and scientific perspectives. Throughout the course, students will define, explore the nature, and evaluate the scope of spirituality. They will delve into the spiritual concepts within Indic religions such as Hinduism, Buddhism, and Sikhism, as well as in Abrahamic religions like Islam, Judaism, and Christianity. Additionally, students will engage in comparative studies to identify commonalities and distinctions across these religious traditions. By the end of the course, students will not only have a profound comprehension of spirituality but also an appreciation for its relevance in contemporary society.

Unit I: **Spirituality: An Introduction**
1. Definition, nature and scope
2. Philosophical approach to spirituality
3. Scientific approach to spirituality (cosmological and biological argument)
4. Relevance of spirituality in contemporary times

Unit II: **Concept of Spirituality in Indic Religions**
1. Hinduism
2. Buddhism
3. Sikhism
4. A comparative study of spirituality in Indic religions

Unit III: **Concept of Spirituality in Abrahamic Religions**
1. Islam
2. Judaism
3. Christianity
4. A comparative study of spirituality in Abrahamic religions

Suggested Readings
1. Alexander Knysh, *Sufism: A New History of Islamic Mysticism*, Princeton and Oxford: Princeton University Press, 2017.
2. Duncan S. Ferguson, *Exploring the Spirituality of the World Religions*, London: Bloomsbury Academic, 2010.
3. Ghulam Yahya Anjum, *'Irfān-e-Taṣawwuf*, Aligarh: Albarkat Islamic Research and Training Institute, 2019.
4. Hans Kung, *Tracing the Way*: *Spiritual Dimensions of the World Religions*, London: Continuum, 2006.
5. Heather Salazar, Roderick Nicholls eds., *The Philosophy of Spirituality*, Leiden: Brill, 2018.
6. Keith Ward, *Is Religion Irrational?*, Oxford, Lion Hudson, 2011.
7. Lee Bladon, *The Science of Spirituality*, United Kingdom: Lulu Press, 2007.
8. Muhammad Manzoor Numani, *Taṣawwuf Kyā Hai*, Lahore: Idarah Islamiyyāt, 1981.
9. Seyyed Hossein Nasr, *Islamic Spirituality: Foundations*, London and New York: Routledge, 2008.

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Open Elective Multidisciplinary Course
Taṣawwuf (*Ṣufī* **Tradition): Origin and Development**

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Course Code	Course Title	Credits	Type of Course	Max. Marks
SS-MD-02	*Taṣawwuf* (*Ṣufī* Tradition): Origin and Development	3	Multidisciplinary Open Elective	75

Course Objectives:

The primary objective of this course is to provide students with a comprehensive understanding of *Taṣawwuf*, or Islamic spirituality. The course is divided into three units. In Unit I, students will delve into the meaning and origin of *Taṣawwuf* and trace its historical development. In it, they will also explore fundamental concepts. In Unit II, students will examine the lives and doctrines of prominent *Ṣufīs* from the early period. Unit III will focus on *Ṣufīs* from the medieval period, shedding light on their lives and teachings. Ultimately, this course aims to provide students with a profound insight into the rich tradition of Islamic mysticism and its origin and development.

Unit I: *Taṣawwuf*: **An Introduction**
1. *Taṣawwuf*: Meaning and origin
2. Development of *taṣawwuf*: Historical perspective
3. Basic Concepts-I: *Taqwā*, *Iḥsān*, *Tazkiyyah*, *Zuhd*, *Ikhlāṣ*
4. Basic Concepts-II: *'Adl*, *Ṣabr*, *Tawakkul*, *Dhikir*, *Murāqabah*, *Ma'arifah*

Unit II: **Prominent *Ṣufīs* of Early Period (Life and Doctrines)**
1. Hasan Basri[RA]
2. Rabia Basri[RA]
3. Junayd al-Baghdādī[RA]
4. Bāyazīd Bistāmī[RA]

Unit III: *Ṣufīs* **of Medieval Period (Life and Teachings)**
1. Khawaja Mu'īn al-Dīn Chishtī[RA]
2. Shaykh 'Abd al-Qādir Jilanī[RA]
3. Shaykh Shihāb al-Dīn Suhrawardī[RA]
4. Khawaja Muḥammad Bahā al-Dīn Naqshband[RA]

Suggested Readings
1. Abū Ḥāmid Muḥammad al-Ghazālī, *Iḥyāʾ ʿulūm al-dīn*, Saudia Arabia: Dār al-Salām, 2005.
2. Abul Hasan Ali Nadwi, *Tazkīyah wa Iḥsan Yā Taṣawwuf wa Sulūk*, Delhi: Academy of Islamic Research & Publications, 2019.
3. Alexander Knysh, *Sufism: A New History of Islamic Mysticism*, Princeton and Oxford, Princeton University Press, 2017.
4. Ghulam Yahya Anjum, *'Irfān-e-Taṣawwuf*, Aligarh: Albarkat Islamic Research and Training Institute, 2019.
5. Ghulam Qadir Lone, *Mutāl'a-e-Taṣawwuf*, Delhi: Markazi Maktaba Islami Publishers, 2010.
6. Ibn Qayyim al-Jawziyyah, *Madārij al-Sālikīn.*, Beirut: Dār Tayyibah, 2012.
7. Muhammad Manzoor Numani, *Taṣawwuf Kyā Hai*, Lahore: Idarah Islamiyyāt, 1981.

<div align="center">**Open Elective Multidisciplinary Course**</div>
<div align="center">**Spiritual Heritage of Kashmir-I**</div>

Course Code	Course Title	Credits	Type of Course	Max. Marks
SS-MD-03	Spiritual Heritage of Kashmir-I	3	Multidisciplinary Open Elective	75

Course Objectives:

The course is designed to provide students with a deep understanding of the diverse sources and historical development of mysticism in the region. In Unit I, students will be introduced to a wide array of sources, including West Asian sources like *Futūh al-Buldān* and *Chāch Nāma*, Sanskrit works such as *Rājataraṅgiṇi*, and Persian writings like *Tārīkh-i-Kashmir* and *Bahāristān-i-shāhī*. Biographies like *Nūr-nāmah*, *Wird al-Murīdīn*, and *Asrār al-Abrār* will also be explored, shedding light on the lives of mystics in Kashmir. In Unit II, students will gain a historical perspective, tracing the evolution of mysticism in Kashmir from the pre-Sultanate period through the Sultanate, Mughal, Afghan, Sikh, and Dogra eras. By the end of this course, students will have a comprehensive grasp of the mystical traditions and the historical context in which they flourished in the Kashmir region.

Unit I: **Introduction to Following Sources**
1. West Asian Sources (*Futūh al-Buldān*, *Chāch Nāma*)
2. Sanskrit Sources (*Rājataraṅgiṇi* by Kalhaṇa and Jonarāja)
3. Persian Sources (*Tārīkh-i-Kashmir* by Sayyid 'Alī, *Bahāristān-i-shāhī* by Tāhir)
4. Biographies (*Nūr-nāmah* by Baba Nasībuddīn Ghāzī, *Wird al-Murīdīn* by Babā Dāud Khākī)

Unit II: **Historical Outline of Spiritual Traditions in Kashmir**
1. Pre-Sultanate Period (250 BC – 1338 CE)
2. Sultanate Period (1339 – 1586 CE)
3. Mughal and Afghan Period (1586-1751, 1751-1819 CE)
4. Sikh and Dogra Period (1820-1846, 1846-1947 CE)

Unit III: **Visit to Religio-Historical Places**
1. Visit to: shrine of Bābā Sakhi Zaynuddīn Rīshī (Ashmuqam), shrine of Bābā Bamuddin (Bumzu), Martand Temple (Kihirbal, Matan)
2. Visit to: shrine of Bābā Hyder (Hardih) Rīshī, Gurudwara Guru Nanak, Andernag Temple (Anantnag), shrine of Bābā Nasībuddīn Ghāzī, Gofbal Qimoh, shrine of Sayyid Ḥasan Simnani-Kulgam, John Bishop Church-Kadipoora
3. Visit to: shrine of Sayyid Ḥasan Mantaqi, Awantiswami temple, Gurudwara-Awantipura
4. Visit to: shrine of Sayyid Sahab-Sonwara, 'Ālī Masjid, Khanqah Mu'alla, Jāma' Masjid

Suggested Readings

1. A.N. Dhar, *Mysticism Across Cultures: Studies on Select Poets & Saints*, Delhi: Atlantic, 2009.
2. G. N. Gauhar, *Kashmir Mystic Thought*, Srinagar: Gulshan Books, 2009.
3. Jay Lāl Kaul, *Lal Ded*, New Delhi: Sahitya Academy, 1973.
4. J. N. Ganhar and P. N. Ganhar, *Buddhism in Kashmir & Ladakh*, New Delhi: Munshi Ram Manohar Lal, 1956.

Open Elective Multidisciplinary Course
Science and Spirituality

Course Code	Course Title	Credits	Type of Course	Max. Marks
SS-MD-05	Science and Spirituality	2	Multidisciplinary Open Elective	50

Course Objectives:

In this course, the aim is to help students explore the interplay of science and spirituality through two distinct units. In Unit I, "Worldview: An Introduction," students will delve into the spiritual, philosophical, and scientific perspectives that shape our understanding of existence, while also critically examining the concept of scientism. In Unit II, we will apply these foundational insights to investigate spiritual interpretations of key scientific phenomena, including the origin of the universe, the emergence of life, human embryology, and the conservation of the environment. Through this exploration, students will gain a nuanced appreciation of the intricate relationship between science and spirituality, enabling them to engage in thoughtful discussions and bridge the gap between these often perceived as distinct domains.

Unit I: **Worldview: An Introduction**
1. Spiritual Perspective
2. Philosophical Perspective
3. Scientific Perspective
4. Science and Scientism

Unit II: **Spiritual Perspective On**
1. The Origin of the Universe
2. The Origin of Life
3. Human Embryology
4. Conservation of the Environment

Suggested Readings
1. Ali Ünal, ed., *Islamic Perspectives on Science: Knowledge and Responsibility*, USA: Light, 2007.
2. Muzaffar Iqbal, ed., *Contemporary Issues in Islam and Science*, New Delhi: Taylor & Francis, 2017.
3. Muzaffar Iqbal, *The Making of Islamic Science*, Malaysia: Islamic Book Trust, 2009.
4. Mary A. Mann, *Science and Spirituality*, United States: Author-House, 2004.
5. Julian Baggini, *How the World Thinks: A Global History of Philosophy*, London: Granta Publications, 2018.
6. Shoaib Ahmed Malik, *Islam and Evolution: Al-Ghazālī and the Modern Evolutionary Paradigm*, London: Routledge, 2021.
7. Shoaib Ahmed Malik, *Atheism and Islam: A Contemporary Discourse*, Abu Dhabi: Kalam Research & Media, 2018.
8. Dennis R. Venema and Scot McKnight, *Adam and the Genome: Reading Scripture After Genetic Science*, Michigan: Brazos Press, 2017.

Open Elective Value-Added Courses
Applied Ethics

Course Code	Course Title	Credits	Type of Course	Max. Marks
SS-VA-01	Applied Ethics	3	Value Added Course	75

Course Objectives:

The course on Applied Ethics is designed to provide students with a deep understanding of ethical principles and their practical applications across various domains. It begins by laying a strong foundation in ethics, emphasizing its significance and fundamental values. The course then progresses into specific areas, such as Medical Ethics, where students learn about the duties and responsibilities of physicians, ethical doctor-patient relationships, and the identification of unethical practices. In the Media Ethics segment, students explore ethical considerations in journalism, combatting misinformation, and addressing ethical challenges in advertising and social media. Throughout the course, students develop critical thinking skills and ethical frameworks essential for making sound moral judgments in professional settings.

Unit I: Introduction to Ethics
1. Concept of ethics, values & morality
2. Fundamental ethical values
3. Social ethics
4. Environmental ethics

Unit II: Medical Ethics (IMC Regulations 2002)
1. Duties and responsibilities of the physician in general
2. Doctor-patient relationship
3. Duties of physicians in consultation
4. Unethical acts in medical practice

Unit III: Media Ethics
1. Ethical Considerations in Reporting: truthfulness, accuracy, fairness, privacy
2. Fake news, deep fakes and manipulation of media content
3. Advertising ethics
4. Social media ethics

Suggested Readings
1. American Medical Association. *Code of medical ethics: current opinions with annotations*. Chicago: American Medical Association, 1994.
2. Fulford KWM, Dickenson DL, Murray TH. (eds.), *Healthcare Ethics and Human Values: An Introductory Text with Readings and Case Studies*, Oxford: Wiley-Blackwell, 2002.
3. Howard P. *Lecture notes: medical law and ethics*. Oxford: Blackwell Science, 2005.
4. Mohammed Yusuf Islahi, *Ādāb-i-Zindagī*. Delhi: Maktaba Shah Waliullah, 2016.
5. Muhammad Al-Ghazali, *Muslim Character: An American-English Translation of Muhammad Al-Ghazali's Khuluq Al-Muslim*, Library of Islam, 2004.
6. Philip Patterson, Lee Wilkins, *Media Ethics: Issues and Cases*, London: McGraw-Hill Education, 2010.
7. Paranjoy Guha Thakurta, *Media Ethics*, New Delhi: Oxford University Press, 2011.
8. Patrick Lee Plaisance, *Media Ethics: Key Principles for Responsible Practice*, New Delhi: Sage Publications, 2013.
9. Tariq Ramadan, *Radical Reform: Islamic Ethics and Liberation*, New York, Oxford University Press, 2009.

Business Ethics in Islam

Course Code	Course Title	Credits	Type of Course	Max. Marks
SS-VA-02	Business Ethics in Islam	3	Value Added Course	75

Course Objectives:

The course on Business Ethics aims to instill a deep appreciation for ethical considerations in the realm of commerce. Students will explore the foundations of business ethics through religious and philosophical perspectives, gaining insights from sources such as the Qur'ān and Sunnah. The course equips students with the ability to critically assess unethical business practices, including usury and uncertainty, and to evaluate the broader socio-economic impact of systems like capitalism. Furthermore, it emphasizes the importance of social responsibility in the business world, covering topics such as charitable giving, corporate social responsibility, consumer rights, and the responsible management of charitable assets.

Unit I: **Business Ethics: An Introduction**
1. Importance of Ethics in Business Practices
2. Business Ethics in Qur'ān and *Sunnah*
3. Key Concepts-I: *Ḥalāl* (permissible), *Ḥarām* (prohibited)
4. Key Concepts-II: *'Adl* (justice), *'Akhlāq* (Quality Maintenance, Fair-Pricing, Prohibition of Child labor and Black Marketing)

Unit II: **Unethical Business Practices**
1. *Ribā* (Usury) and its social, ethical and economic implications
2. *Gharar* (uncertainty) and its implications
3. Ethical issues in Product Development and Marketing (Hoarding, Adulteration, Fake-advertising)
4. Capitalism and its adverse effects on the socio-economic development of society

Unit III: **Social Responsibilities and Ethical Conduct**
1. *Zakāh* and *Ṣadaqah* (Obligatory and Non-obligatory charity)
2. Corporate Social Responsibility
3. Consumer Rights
4. Judicious Use of *Waqf* Properties

Suggested Readings

1. Hifzur-Raḥmān Seoharvi, *Islam Kā* Iqti*ṣādī Nizām*, Karachi: Shaykhul Hind Academy, 2017.
2. Mahmūd Ahmad Ghāzī, *Muhādhirāt Ma'aeshat-o-Tijārat*. New Delhi: Areeb Publisher, 2010.
3. Muhammad Yasīn Mazhar Ṣiddiquī, *M'āsh-i-Nabawī*.
4. Nūr Muhammad Ghaffārī, *Nabī Ka*rīm kī *M'āshī Zindagī*, Karachi: Shaykhul Hind Academy, 1999.
5. Stephen M Byars, Kurt Stanberry, *Business Ethics*, Houston: OpenStax, 2018.
6. Tom Beauchamp, George G Brenkert, *The Oxford Handbook of Business Ethics*, New York: OUP, 2012.

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Skill Enhancement Course

Calligraphy
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Course Code	Course Title	Credits	Type of Course	Max. Marks
SS-SE-01	Calligraphy	3	Skill Enhancement Course	75

Course Objectives:

In this Calligraphy course, our objectives are to provide students with a comprehensive understanding of the art of calligraphy by exploring the origins and various types of calligraphic scripts. Besides, we will delve into the introduction of the essential tools of calligraphy, including pens, inks, paper, and other related instruments, enabling students to appreciate the significance of these materials in the craft. Finally, in Unit III, students will engage in hands-on practical exercises, honing their calligraphic skills and applying their knowledge to create beautiful and expressive written art. By the course's conclusion, students will have gained both a theoretical and practical foundation in the world of calligraphy, fostering an appreciation for its historical and cultural significance.

Unit I: **Origin and Types of Calligraphy**
1. European scripts
2. *Devnāgrī* script
3. Gurmukhi
4. Arabic, Persian and Urdu scripts

Unit II: **Calligraphy: Tools and Trends**
1. Tools of calligraphy
2. Digital calligraphy
3. Calligraphy on wood
4. Calligraphy on textile

Unit III: **Practical**

Suggested Readings
1. Margaret Shepherd, *Learn Calligraphy: The Complete Book of Lettering and Design*, Clarkson Potter, 2013.
2. Raza Javedan, "Artistic features of Calligraphy and its Impact on Indian Art." University of Allahabad, 2016.
3. Uzma Saeed, "Art of Calligraphy in India A case study of Arabic and Persian." Aligarh Muslim University, 2011.
4. Fauzia Maraam, "Significance of Islamic Calligraphy in Islamic Culture and Heritage." Aligarh Muslim University, 2021.

Spoken Sanskrit

Course Code	Course Title	Credits	Type of Course	Max. Marks
SS-SE-03	Spoken Sanskrit	3	Skill Enhancement Course	75

Course Objectives:

The course Spoken Sanskrit is designed to provide students with a structured and practical introduction to the Sanskrit language. In Unit I, students will be introduced to the Sanskrit alphabet and its pronunciation, followed by the study of nouns, pronouns, and verbs, including their conjugation and usage. Unit II extends this learning to cover adjectives, prepositions, singular and plural forms, and numbers. In Unit III, students will practice self-introduction in a question-and-answer format, enabling them to engage in basic conversations. They will also translate selected chapters from *Prarambhik Rachnanuvad-kaumudi* (Vol-I), thereby building their comprehension and translation skills. By the end of the course, students will have acquired a foundational understanding of spoken Sanskrit, allowing them to engage in simple conversations and translate basic texts, fostering a deeper connection to this ancient language and its rich cultural heritage.

Unit I:

1. Introduction to the Sanskrit alphabet
2. Nouns (Definition, Names of Plants, Animals, Fruits, Vegetables, Food items)
3. Pronouns (Conjugation and usage)
4. Verbs (Conjugation and usage)

Unit II:

1. Adjectives (Introduction and usage)
2. Prepositions (Introduction and usage)
3. Singular and plural (Illustrations and Usage)
4. Numbers (Counting from 1 to 100)

Unit III:

1. Self-introduction in Question-and-Answer Form (Asking and answering)
2. Translation of Chapter 1 from *Prarambhik Rachnanuvad-kaumudi* (Vol-I)
3. Translation of Chapter 2 from *Prarambhik Rachnanuvad-kaumudi* (Vol-I)
4. Translation of Chapter 3 from *Prarambhik Rachnanuvad-kaumudi* (Vol-I)

Suggested Readings

1. Kapil Dev Dwivedi, *Prarambhik Rachnanuvad-kaumudi*, Mathura, Uttar Pradesh: Brijbhoomi Books, 2020.
2. Shubha Vengadakrishnan, *KathaagucchaH: Simple Stories in Sanskrit with English Translations*. 2020.
3. A. M. Ruppel, *The Cambridge Introduction to Sanskrit*, Cambridge: Cambridge University Press, 2017.
4. Sanjeev Majalikar, *Samskrita Bodhinii: Study Guide for Spoken Sanskrit Language*, Jaya Jha, 2022.
5. Rashtriya Sanskrit Sansthan, *Samskrita Sandesha: A Sanskrit Manual for Communication and Conversation*.
6. Madhav M. Deshpande, *Conversational Sanskrit for Oral Proficiency*.
7. Venu Variath, *Chitra Kathah*, Bangalore: Samskrita Bharati, 2021.