



SYLLABUS
for
The Coursework of Ph. D Programme in Spiritual Studies

International Centre for Spiritual Studies
Islamic University of Science & Technology



Ph.D Coursework Overview

The syllabus shall comprise:

1. One Research Methodology Course.
2. One Course of the Advanced Trends in Spiritual Studies.
3. Subject Paper.

CourseCode	Title of the Course	Credits
ICSS-RM	Research Methodology	4
ICSS- ATSS	Advanced Trends in Spiritual Studies	4



Course Title: Research Methodology

Credits: 04

Course Code: ICSS-RM

Unit I: Conceptual Issues in Social Sciences

- i) What is Research? —Some Definitions
- ii) Concept of Research
- iii) Purpose of Research
- iv) Scope of Research in present Society
- v) Methodologies and Trends in Research

Unit II: Research in Social Sciences

- i) Characteristics of Social Sciences Research
- ii) Difficulties of Research in Social Sciences
- iii) Qualities of Good Research
- iv) Plagiarism and Research Ethics
- v) Scope of Research in Spiritual Studies

Unit III: Research: Process and Types

- i) Selection of Research Problem
- ii) Review of Literature
- iii) Formulation of a Research Problem/Synopsis
- iv) Major Types of Research:
 - a. Basic Research
 - b. Applied Research
 - c. Historical Research

Unit IV: Methods and Tools of Research

- i) Qualitative and Quantitative Method
- ii) Exploratory
- iii) Descriptive
- iv) Hybrid



Course Title: Advanced Trends in Spiritual Studies

Credits: 04

Courses Code: ICSS-ATSS

Unit I: Spirituality and its New Forms.

- a) Social and service Spiritualism.
- b) Intellectual Spiritualism.
- c) Mystical Spiritualism.
- d) Architectural Spiritualism.

Unit II: Science and Spirituality.

- a) Role of meditation for human wellbeing.
- b) Depression, spiritual healings and medication.
- c) Mental health, moral intelligence and spirituality.
- d) Role of science for promoting spiritual awareness.

Unit III: Environment, Ecology and Spirituality.

- a) Nature as a living being.
- b) Spiritual ecology.
- c) Divinity in nature.
- d) Mysticism and solicitude: with reference to environment.

Unit IV: Feminism, Religions and Spirituality.

- a) Spiritual feminism.
- b) Religions and feministic mystique.
- c) Female, spiritually and cult of Goddesses.
- d) Women, religion and ecological conservation.