

**Report
on
2-Day Workshop on
“Community-Based Disaster Risk Management
(CBDRM) Training”**

**organized
by**

*Centre for Disaster Risk Reduction,
Mantaqi Centre for Science & Society,
and
Dean Outreach & Community Connect*



**Islamic University of Science and Technology,
Awantipora, Kashmir-192122 (J&K)**

In collaboration with



**Department of Disaster Management, Relief,
Rehabilitation, and Reconstruction,
Govt. of Jammu and Kashmir**

**VENUE: Conference Hall, Rumi Library, IUST, Kashmir
03rd – 04^h, November 2025**

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FLYER



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CHIEF GUEST
PROF. DAVID A. JOHNSTON
DIRECTOR, USGS, USGS CASCADIA



GUEST OF HONOR
MR. SHANTANU KUMAR
JOINT SECRETARY, MoEF

2-DAY TRAINING AND CAPACITY BUILDING WORKSHOP

On

COMMUNITY-BASED DISASTER RISK MANAGEMENT (CBDRM) TRAINING

THIRD FLOOR & DISASTER RESILIENT (H)

Organized by

ISLAMIC UNIVERSITY OF SCIENCE & TECHNOLOGY, KASHMIR
CENTRE FOR DISASTER RISK REDUCTION
NATIONAL CENTRE FOR SCIENCE AND SOCIETY
SCIENCE EDUCATION & COMMUNITY ENGAGEMENT

In collaboration with

DEPARTMENT OF DISASTER MANAGEMENT, RELIEF, REHABILITATION AND RECONSTRUCTION,
GOVT. OF JAMMU & KASHMIR

DATE & TIME:
03-04 NOVEMBER, 2025, 10:30 AM

VENUE:
CONFERENCE HALL, KUMI LIBRARY, IUST

ORGANIZING SECRETARY
DR. IRFAN MAQBOOL, COORDINATOR, CORR, IUST

CO-ORGANIZING SECRETARY
DR. MUHAMMAD AAMID DHAT, COORDINATOR, MCSS, IUST



The training modules include: Hazard Identification, Emergency Drills, Evacuation Planning, Emergence Plans, Teamwork, Local Volunteer Coordination, First Aid Training, Communication, Resource Management, Risk Assessment, and Local Volunteer Coordination.

1. About IUST

The Islamic University of Science and Technology (IUST), located in Awantipora, Kashmir, is a premier higher education institution established with the aim of advancing knowledge and fostering innovation in science, technology, and other academic disciplines. Founded in 2005, the university has become a hub for academic excellence, research, and professional development in the region, playing a pivotal role in addressing local and global challenges. IUST offers a wide range of undergraduate, postgraduate, and doctoral programs across various disciplines, including engineering, technology, social sciences, business, humanities, and architecture. The university emphasizes a multidisciplinary approach to education, integrating modern research and teaching methodologies to enhance students' knowledge and skill sets. The university is deeply committed to promoting research and innovation. It has established several research centers and initiatives to tackle emerging issues, including the Centre for Disaster Risk Reduction (CDRR), which focuses on disaster preparedness, mitigation, and resilience-building—an increasingly vital area of study for the region. IUST prioritizes student engagement and development, offering numerous co-curricular activities, workshops, and seminars to enhance students' leadership skills, critical thinking, and professional growth. The university fosters a dynamic campus culture, encouraging students to participate in debates, sports, and other extracurricular activities. IUST maintains strong collaborations with national and international universities, research institutions, and industries. These partnerships aim to foster academic exchange, joint research projects, and knowledge-sharing in sustainable development, climate change, disaster risk reduction, and technological advancements. IUST envisions becoming a leader in higher education and research, not just within Jammu & Kashmir but also on the global stage. It is committed to empowering students to meet the needs of the modern world, with a strong emphasis on innovation, sustainability, and community service. The university's growing reputation as a center of learning is reflected in its expanding academic programs, world-class faculty, and cutting-edge research facilities, all contributing to its goal of shaping the future of education and development in the region.

2. About JKDMRRR

The Jammu & Kashmir Department of Disaster Management, Relief, Rehabilitation & Reconstruction (JKDMRRR) came into effect on 30 December 2016 vide Cabinet Decision of the J&K govt. The mission of the Department of DMRRR is to ensure the safety of communities by promoting a community-based approach to Disaster Risk Reduction (DRR). This involves reducing vulnerabilities and enhancing effective disaster response through awareness programs and capacity-building initiatives. The department is dedicated to implementing appropriate measures to prevent danger and mitigate risks, ensuring that both natural and man-made disasters are addressed comprehensively. In times of disaster, the DMRRR provides timely assistance to those in distress, helping them recover and rebuild. Additionally, the department plays a key role in resolving issues related to displaced communities, including Kashmiri/Jammu migrants, those displaced in 1947, Chhamb displaced persons (1965/1971), and West Pakistani refugees. It aims to bridge the gap in identifying sufferers of natural calamities, ensuring that all affected individuals receive the support they need. The DMRRR envisions a future where Disaster Risk Reduction (DRR) is fully integrated into all developmental initiatives, ensuring the sustainability of investments and creating a disaster-resilient Jammu & Kashmir. By enhancing the capacity of all stakeholders—governments, communities, and institutions—the department seeks to respond to disasters in a planned and effective manner, minimizing the loss of lives, livelihoods, and critical infrastructure. This includes protecting essential services like healthcare, education, and social and cultural assets from the impacts of disasters. Moreover, the department is committed to providing rapid and appropriate assistance to disaster victims, facilitating their recovery process efficiently. Alongside disaster management efforts, DMRRR continues to support Kashmiri/Jammu migrants, displaced persons of 1947, Chhamb displaced persons (1965/1971), and West Pakistani refugees, ensuring their issues are addressed and their rehabilitation needs met. The overarching goal is to make Jammu & Kashmir a safer, more resilient region, prepared to face any disaster.

3. Approval order



ISLAMIC UNIVERSITY OF SCIENCE & TECHNOLOGY, KASHMIR (IUST)

Office Order No:- 1063 of 2025
D a t e d: 14-10-2025

Sanction is hereby accorded to the following:

- i) Organizing 02-day Training and Capacity Building Workshop on *Community Based Disaster Risk Reduction* on October 22 & 23, 2025 by Centre for Disaster Risk Reduction in collaboration with Mantaqi Centre for Science & Society, MCSS, however, shall take a lead in the organization of this workshop.
- ii) Resource persons as reflected in Annexure-A to this order.
- iii) Committees as reflected in Annexure-B (printed overleaf) to this order for smooth conduct of the workshop.

By Order,


Deputy Registrar
(Establishment)

No. IUST/Reg/Adm/24/4107
Dated: 14-10-2025

Copy to:

- Dean Academic Affairs.
- Finance Officer.
- All committee members.
- Coordinator CIDRR.
- File.

4. Organizing and other committees

Annexure B to O.O. No. 1063		Dated: 14-10-2025	
S. No.	Name	Designation	Position
A. Organizing Committee			
1.	Prof. Shakil Ahmad Romdhoo	Hon'ble Vice-Chancellor	Chairperson
2.	Prof. Abdul Wahid	Registrar	Member
3.	Prof. Shakeel Ahmed	Consultant	Member
4.	Mr. Sumair Wasir	Finance Officer	Member
5.	Dr. Farooq Humain Bhat	Uc Dean, School of Sciences	Member
6.	Dr. Rubeeh Hassan	Uc Dean Outreach	Member
7.	Mr. Qazi Qunur Iqbal Qari	Uc Dean, School of Architecture, Planning & Geomatics	Member
8.	Dr. S. Iqbal Qureshi	Dy. Registrar, Estates & Transport	Member
9.	Mr. Mir Ajaaz Ahmad	Uc Head, Dept. of Civil Engineering	Member
10.	Dr. Sumaira Nazir Zia	Coordinator, Dept. of ES&CC	Member
11.	Dr. Tariq Abdullah	Uc Head, Dept. of P&G	Member
12.	Mr. Waseem Qader	Assistant Professor, CDOR	Member
13.	Dr. Mohamad Asad Bhat	Coordinator, MCSS	Co-Ord. Secretary
14.	Dr. Irfan Maghool Bhat	Coordinator, CDOR	Org. Secretary
B. Technical Committee			
1.	Dr. Mohamad Asad Bhat	Coordinator, MCSS	Chairperson
2.	Dr. Rubeeh Hassan	Uc Dean Outreach	Member
3.	Dr. Sumaira Nazir Zia	Coordinator, Community Connect	Member
4.	Dr. Irfan Maghool Bhat	Coordinator, CDOR	Member
5.	Dr. Tariq Abdullah	Uc Head, Dept. of P&G	Member
6.	Dr. Sumaira Nazir Zia	Coordinator, Dept. of ES&CC	Member
7.	Mr. Waseem Qader	Assistant Professor, CDOR	Member
8.	Dr. Rayees Ahmad Shah	Asst. Professor (C.I. MCSS	Member
C. Venue Committee			
9.	Dr. Asifa Bashir	Asst. Professor, Dept. of P&G	Chairperson
10.	Dr. Rayees Ahmad Shah	Asst. Professor (C.I. MCSS	Member
11.	Mrs. Arjumand Bashir	Sr. Technical Assistant, CDOR	Member
D. Transport Committee			
1.	Mr. Waseem Qader	Assistant Professor, CDOR	Chairperson
2.	Mr. Mohammad Saleem	Asst. Professor, Dept. of P&G	Member
E. Food and Catering Committee			
1.	Dr. Tariq Ahmad Ganai	Asst. Professor, Dept. of Food Technology	Chairperson
2.	Dr. Yasir Araf	Asst. Professor, Dept. of ES&CC	Member
3.	Mr. Waseem Qader	Asst. Professor, CDOR	Member
F. Finance Committee			
1.	Dr. Irfan Maghool Bhat	Coordinator, CDOR	Chairperson
2.	Dr. Rubeeh Hassan	Uc Dean Outreach	Member
3.	Dr. Mohamad Asad Bhat	Coordinator, MCSS	Member
G. Print and Media Committee			
1.	Dr. Rubeeh Hassan	Uc Dean Outreach	Chairperson
2.	Dr. Syarif Ahmad Mir	Asst. Professor (C.I. Dept. of Journalism & Mass Comm.	Member
3.	Mr. Zahoor Ahmad Gilkar	Jr. Technical Assistant, Journalism & Mass Comm.	Member

5. PROGRAMME SCHEDULE



PROGRAMME SCHEDULE
2-Day Training and Capacity Building Workshop
On
"Community-Based Disaster Risk Management (CBDRM) Training"
03 & 04, November, 2025
Venue: Conference Hall, Rumi Library, IUST, Kashmir



Day & Date	Activities		TIME (IST)
Day 1 (Monday) 03-11-2025	Registration of Participants	Venue: Outside the Conference Hall, Rumi Library	10:30 am-11:00 am
	Inaugural Session (Host: Dr. Mehak Majeed, AP, Economics, IUST)		11:00 am-11:30 am
	Welcome Address	Dr. Mohamad Aashid Bhat, Coordinator, MCSS	11:00 am-11:03 am
	Opening Remarks	Dr. Farooq Hussain Bhat Dean, School of Sciences, IUST	11:04 am-11:08 am
	Address by Guest of Honour	Prof. Muzaffar Ahmad Former Member, NDMA	11:09 am-11:20 am
	Address by Chief Guest	Prof. Shaidi Ahmad Romshoo Honourable Vice Chancellor, IUST	11:21 am-11:25 am
	Felicitation of Guest		11:26 am-11:27 am
	Vote of Thanks	Dr. Rayees Ahmad Shah AP, MCSS	11:27 am-11:30 am
	Tea Break (Venue: Outside the Conference Hall, Rumi Library)		11:30 am-11:45 am
	Session-1 (Chairperson: Prof. Javed Hussain Mir; PoP; Rapporteur: Dr. Rayees Ahmad Shah, AP, MCSS, IUST)		
	TOPIC/ACTIVITY	RESOURCE PERSON/ EXPERTS	TIME (IST)
	Talk-1: Community Mobilization	Dr. Sarafriz Ahmad Professor, Dept. of Social Work, UoK	11:45 am-12:45 pm
	Question & Answer		12:45 pm-01:00 pm
	Lunch Break (Venue: CPD, IUST)		01:00 pm-02:00 pm
	Session-2 (Chairperson: Dr. Rubela Hameed; Rapporteur: Dr. Mohamad Aashid Bhat, Coordinator, MCSS, IUST)		

	Demonstration-1: Basic Life Saving Skills and First Aid Training during Disasters	Dr. Hender Pal Bali National Level Trainer with IRCS	02:00 pm-03:15 pm
	Tea Break (Venue: Outside the Conference Hall, Rumi Library)		03:15 pm-03:30 pm
	Demonstration-1: Continue	Dr. Hender Pal Bali National Level Trainer with IRCS	03:30 pm-04:30 pm
Day-2 (Tuesday) 04-11-2025	Session-3 (Chairperson: Dr. Simra Naveen, Rapporteur: Dr. Irfan Maghool Bhat, AP, CDRR, IUST)		
	Talk-2: Child Protection in Emergency Situations	Mr. Shafeeq Ul Rehman Programme Coordinator (Child Protection) Save the Children, Srinagar	11:00 am-11:45 am
	Question & Answer		11:45 am-12:00 pm
	Tea Break (Venue: Outside the Conference Hall, Rumi Library)		12:00 pm-12:15 pm
	Activity-1: Vulnerability Hazard Assessment at Community Level (Participatory Rural Appraisal – PRA)	Mr. Imran Majid Programs Director, Adventist Disaster Relief Agency, New Delhi	12:15 pm-01:30 pm
	Lunch Break (Venue: CIED, IUST)		01:30 pm-02:15pm
	Session-4 (Chairperson: Prof. Humayun Rashid, PolP, Rapporteur: Mr. Waseem Qader, AP, CDRR, IUST)		
	Interactive Session: Sharing Experiences and Best Practices During Disasters	Participants, & NGO Representatives	02:15pm-03:15 pm
	Tea Break (Venue: Outside the Conference Hall, Rumi Library)		03:15 pm-03:30 pm
	Valedictory Session (Host: Dr. Mehak Majeed, AP, Economics, IUST)		03:30 pm-04:00 pm
	Summary of Workshop	Dr. Mohamad Aabid Bhat Coordinator, MCSS	03:30 pm-03:37 pm
	Certificate Distribution	By DAA, IUST	03:37 pm-03:47 pm
	Presidential Address	Prof. Ayaz Hassan Moon Dean Academic Affairs, IUST	03:47 pm-03:57 pm
	Vote of Thanks	Mr. Waseem Qader, AP, CDRR, IUST	03:57 pm-04:00pm
	End of Workshop		

6. List of registered/nominated participants

S.No.	Name	Designation/ Department/Email
1. List of Participants from Human Welfare Voluntary Organization (HWVO), Kashmir NGO		
01	Feroze Ahmad	Chairman
02	Rameez Ahmad	rameez@hwvo.org
03	Parveez Ahmad	lonenoumaannoumaan@gmail.com
04	Faizan Akber	Faxu2058@gmail.com
05	Basharat Hamid	basharathamid50@gmail.com
06	Mohd Ishaq Bhat	ishaqbhat594@gmail.com
2. List of Participants from SRO Kashmir, Srinagar NGO		
07	Mr. Waseem Manzoor	Coordinator
08	Mr. Junaid Qadir	Jr. Coordinator
09	Mr. Sameer Rasool	Volunteer
10	Mr. Mushtaq Ahmad	Volunteer
11	Mr. Fayaz Ahmad	Volunteer
3. List of Participants from Imtiyaz Cancer Care Foundation, Budgam, NGO		
12	Dr Lateef Ahmad Mir	Founder (tahirlateefs@gmail.com)
13	Mohammad Najeeb	
4. List of Participants from Wahab Khaar Welfare Trust, Pulwama NGO		
14	Mr. Ashaq A. Lone	Founder
15	Aijaz Mohiudin	Member
5. List of Participants from Save the Children, Srinagar-Kashmir NGO		
16	Mr. Mohammad Sharif Bhat	
6. List of Participants from Madrasa's		
17	Tariq Ahmad Makki	Jamiat ul Banat, Lal Bazar Srinagar

18	Shahzada Aurangzeb	
19	Hafiz Mohsin Amin Arqami	Darul Arkum, Tral
20	Molvi Shahid Ahmad Mir	
21	Hafiz Abid Hussain	Noor Ul Islam, Tral
22	Hafiz Abdul Rehman	
23	Pr. Ali Akbar	Hanafia Arabic College, Srinagar
24	Musaib Syed	Jamia Siraj ulu loom Imam Sahib Shopian
25	Moulana Reyaz Ahmad	Darul Uloom Jamiatur Rashad Awantipora
26	Mufti Reyaz Ahmad	
7. List of Participants from ICDS, Pulwama		
27	Mtr. Amina Akhtar	Member
28	Mtr. Asooda Hassan	Member
29	Mr. Bilal Ahmad Mir	Member
30	Mohtarma Rahila Rashid	Member
31	Mtr. Dilafrooza	Member
8. List of Participants from NRLM (SHG), Pulwama		
32	Mohtarma Rukhsana Rashid	Member
33	Yasmeena Akhter	Member
34	Rifat Jalal	Member
35	Asmat Gani	Member
36	Ulfat Gulzar	Member
37	Ayman Nazir	Member
38	Nadish Hameed	Member
9. List of Participants from Panchayat Secretaries, Pulwama		
39	Sahil Bhasin	Panchayat Secretary
40	Auran Pal Singh	Panchayat Secretary

41	Shabir Ahmad Shah	Panchayat Secretary
42	Mohd Shafi Dar	Panchayat Secretary
43	Javid Ahmad Bhat	Panchayat Secretary
10. List of Participants from Unnat Bharat Abhiyaan (UBA) Villages		
44	Ajaz Ahmad Dar	Member
45	Shabir Ahmad Dar	Member
46	Farooq Ahmad Wani	Member
47	Abdul Hamid Gani	Member
48	Mushtaq Ahmad Hajam	Member
11. List of Participants from Syed Mantaqi Awqaf Committee, Awantipora		
49	Mohammad Syed Nazir Shah	Administrator
12. List of Participants from IUST, Awantipora		
50	Dr. Mohammad Abid Bhat	AP, MCSS, IUST
51	Dr. Rayees Shah	AP, MCSS, IUST
52	Arif Liyaqat	Research Scholar, MCSS, IUST
53	Feroz Ah. Bhat	Research Scholar, MCSS, IUST
54	Bhat Fazil Fayaz	FYUGP Student, IUST
55	Ufaira Majeed	Community Connect, IUST
56	Shabrooza	Intern, MCSS, IUST
57	Amina	Office Assistant, MCSS, IUST

7. Summary of the workshop

7.1. Introduction

In recent years, the increasing frequency and intensity of disasters—both natural and human-induced—have underscored the urgent need to strengthen preparedness and resilience at the community level. Communities are invariably the first responders during any disaster, and their capacity to anticipate, prepare for, and respond effectively often determines the scale of losses and recovery. In regions such as Jammu and Kashmir, where multi-hazard risks intersect with complex terrain, dispersed settlements, and socio-economic vulnerabilities, community-based disaster risk management (CBDRM) is not optional but essential.

Recognising this imperative, the Mantaqi Centre for Science & Society (MCSS), Centre for Disaster Risk Reduction (CDRR), Islamic University of Science and Technology (IUST), Awantipora, in collaboration with the DMRRR, Govt. of J&K, organised a two-day training workshop on Community-Based Disaster Risk Management (CBDRM) on 3–4 November 2025 at the university campus. The workshop was designed as a capacity-building platform for grassroot-level government functionaries (Panchayat Secretaries, Village Level Workers, ICDS Supervisors), community mobilisers, local volunteers, NGO representatives, religious leaders, and community leaders.

The overarching aim of the workshop was to enhance the capacity of participants to understand, plan for, and respond effectively to disasters through a community-driven approach. The programme emphasised local-level engagement, participatory learning, and practical skill-building, focusing on preparedness, first response, protection of vulnerable groups, and community-led risk assessment.

The workshop was honoured by the presence of Prof. Shakil Ahmad Romshoo, Hon'ble Vice Chancellor, IUST, as the Chief Guest. Prof. Muzaffar Ahmad, Former Member, NDMA, Government of India, was the Guest of Honour. The event was also

attended by Deans and Heads of various departments of IUST, reflecting strong institutional support for community-centred disaster risk reduction.

7.2. Proceedings of Day 1

The workshop commenced on 3rd November 2025 with a formal inaugural session. Dr. Mohmad Aabid Bhat, Coordinator, MCSS, IUST, welcomed the guests, dignitaries, and participants. In his address, he set the context of the workshop by highlighting the central role of communities as “first responders” during disasters. He emphasised that effective disaster risk reduction begins at the local level and that capacity building, awareness generation, and knowledge sharing are critical to strengthening community resilience.

Dr. Farooq Hussain Bhat, Dean, School of Sciences, IUST, delivered the opening remarks, underlining the importance of integrating scientific understanding with community action. He stressed that academic institutions must actively engage with communities to translate knowledge into practice and support local preparedness initiatives.

Prof. Muzaffar Ahmad, Former Member, NDMA, in his address as Guest of Honour, focused on the importance of preparedness and the need to build resilient communities. He highlighted that disasters cannot be managed solely through top-down interventions and that community participation, ownership, and leadership are fundamental to effective risk reduction. He emphasised that strengthening local institutions and volunteer networks is key to reducing disaster impacts.

In his inaugural address, Prof. Shakil Ahmad Romshoo, Hon’ble Vice Chancellor, IUST, emphasised that coordination and collaboration between government agencies and community members can significantly minimise disaster impacts. He highlighted the role of local leadership, religious leaders, and community influencers in normalising discussions around disasters and promoting a culture of preparedness. He stressed that making disaster awareness part of everyday community discourse is essential for building resilient societies.

The inaugural session concluded with a vote of thanks proposed by Dr. Rayees Ahmad Shah, Assistant Professor, MCSS, IUST.

The first technical session focused on community mobilisation as the foundation of disaster preparedness. Dr. Sarafraz Ahmad emphasised that communities are always the first to respond in emergencies and therefore must be empowered with knowledge, organisation, and leadership. He introduced participants to the principles and processes of community mobilisation, highlighting the importance of trust, social cohesion, and communication networks.

The session discussed practical techniques for strengthening community participation, including: Awareness campaigns and door-to-door outreach; Participatory community meetings; Formation of community disaster management committees; Developing community ownership of disaster plans; Participants were encouraged to view disaster preparedness as a collective responsibility rather than an external intervention.

The session on First Aid and Basic Life-Saving Skills Training by *Dr. Itender Pal Singh Bali*, provided hands-on training in essential life-saving techniques. Dr. Bali demonstrated basic first aid procedures, including cardiopulmonary resuscitation (CPR), management of bleeding, fractures, burns, and safe casualty handling during disasters. Participants actively practiced these techniques under supervision.

The session was highly interactive and practical, equipping participants with critical skills that can save lives during the crucial first minutes after a disaster, especially in remote areas where medical assistance may be delayed.

7.3. Proceedings of Day 2

The second day of the workshop focused on vulnerable groups, participatory risk assessment, and knowledge sharing.

The first Session on Child Protection in Emergencies was addressed by *Mr. Shafeeq Ur Rehman*, on the disproportionate impact of disasters on children and the

need to prioritise their protection in emergency contexts. Mr. Rehman discussed the specific risks faced by children during disasters, including separation, exploitation, psychological trauma, and lack of access to basic services.

The session emphasised the identification of child protection risks; provision of psychosocial support; establishment of child-friendly safe spaces; role of community members in safeguarding children during emergencies. participants were sensitised to the importance of integrating child protection into all stages of disaster response.

The Session 2 on Participatory Vulnerability and Capacity Assessment (PVCA) by *Mr. Imran Majid* introduced participants to Participatory Vulnerability and Capacity Assessment (PVCA) tools and techniques. Through group exercises, participants learned to; map hazards and resources; identify vulnerable groups; analyse local capacities and develop community-led mitigation plans.

The activity-driven session reinforced the importance of inclusive participation in planning and decision-making, ensuring that women, children, elderly, and marginalised groups are represented in community risk assessments.

The interactive Session on Best Practices in Disaster Management brought together experts and practitioners who have worked extensively in disaster contexts in the Kashmir Valley. The panellists discussed the interventions their organisations have implemented during past disasters, sharing real-life experiences and operational challenges. Participants highlighted best practices adopted by communities, including: use of indigenous knowledge for early warning and evacuation; community kitchens and shelter management; volunteer-based rescue operations and integration of traditional practices with modern technologies

The discussion underscored the value of combining local knowledge with scientific innovations for effective and culturally appropriate disaster response.

The workshop concluded with a formal valedictory session. Certificates were distributed to all participants in recognition of their participation and learning. The

proceedings were formally brought to a close with reaffirmation of IUST's commitment to community-centred disaster risk reduction and continued engagement with grassroots stakeholders.

7.4. Key Recommendations

Based on the sessions, discussions, and participant interactions, the following key takeaways and recommendations emerged:

1. **Preparedness at the community level saves lives:** Communities must be equipped with knowledge, skills, and organisational structures to respond effectively during the initial hours of a disaster.
2. **Inclusive and participatory approaches strengthen resilience:** Disaster risk reduction efforts must involve all sections of the community, particularly women, children, the elderly, and marginalised groups.
3. **First aid and basic life-saving skills are critical:** Training frontline workers and community volunteers in first aid and emergency response should be institutionalised.
4. **Protection of vulnerable populations must be a priority:** Child protection, disability inclusion, and support for the elderly must be integrated into community disaster plans.
5. **Participatory risk assessment enhances local ownership:** Tools such as PVCA empower communities to identify risks and solutions, leading to sustainable preparedness.
6. **Coordination between government and communities enhances effectiveness:** Strong linkages between local institutions, government agencies, and community groups are essential for efficient response and recovery.
7. **Local leadership and religious leaders play a crucial role:** Their involvement helps normalise disaster awareness and mobilise community action.

8. Indigenous knowledge should be integrated with modern science. Combining traditional practices with scientific approaches leads to context-specific and effective solutions.
9. **Regular community drills and awareness programmes should be conducted:** Mock drills and simulations help translate knowledge into action.
10. **CBDRM should be mainstreamed into local governance:** Panchayats and local bodies should formally integrate disaster risk reduction into development planning.

8. Feedback

Feedback was collected from participants using structured evaluation forms on both Day-1 and Day-2 of the workshop. The responses provide valuable insights into the effectiveness of content delivery, relevance, interaction quality, and overall learning outcomes.

Section 1: Content & Delivery

Aspect	Avg. Rating (Approx.)	Insights
Objectives clarity	4.5	Participants clearly understood the purpose and relevance of CBDRM and appreciated the focus on community preparedness.
Content relevance	4.6	Highly relevant for grassroot workers, community leaders, and volunteers dealing directly with disaster response.
Presentation quality	4.3	Expert talks were well-structured and informative; participants appreciated practical orientation.
Organization & timing	4.0	Overall well managed; some sessions, especially PRA activity, required more time.
Facilitators	4.6	Resource persons were highly appreciated for domain knowledge and field experience.
Interaction & participation	4.7	Very high engagement due to hands-on activities and interactive discussions.
Practical demonstrations	4.8	First Aid and life-saving skills session was rated as the most impactful component.
Coordination & support	4.5	Strong logistical arrangements and support staff facilitation noted.
Overall expectations met	4.6	Majority of participants expressed high satisfaction and willingness to attend similar trainings.

Section 2: Participant Insights

1. Skills & Knowledge Gained

Participants reported significant enhancement in both conceptual understanding and practical skills, particularly in:

- Community mobilisation techniques for disaster preparedness and response
- Basic first aid and life-saving skills, including CPR, bleeding control, fracture management, and casualty handling
- Understanding of child protection needs during emergencies and psychosocial support mechanisms
- Participatory Vulnerability and Capacity Assessment (PVCA/PRA) tools for community risk mapping
- Identification of local hazards, vulnerable groups, and community resources
- Role of indigenous knowledge and local leadership in disaster response
- Coordination mechanisms between communities and government agencies

Participants highlighted that the workshop enhanced their confidence to act as frontline responders and mobilisers during disasters.

2. Suggestions for Improvement

Participants provided the following constructive suggestions:

- Increase duration of practical sessions, especially First Aid and PRA exercises
- Include more mock drills and simulation exercises for realistic emergency response practice
- Provide training manuals and field toolkits in local language for community use
- Organise follow-up and refresher trainings to reinforce skills
- Include more case studies from Kashmir Valley to strengthen contextual relevance

3. Identified Field Challenges

Participants highlighted several on-ground challenges:

- Low awareness levels in remote communities regarding disaster risks and preparedness
- Limited access to first aid resources and emergency equipment at village level
- Weak coordination between community volunteers and formal response agencies
- Cultural hesitation in discussing disasters, leading to complacency
- High vulnerability of children, elderly, and persons with disabilities during emergencies

These challenges reinforced the need for systematic community-level capacity building.

4. Future Topics Requested

Participants expressed strong interest in future trainings on:

- Community-based early warning systems
- Search and rescue techniques at community level
- Psychological first aid and trauma counselling
- Disaster management for schools and anganwadi centres
- Flood, earthquake, and landslide preparedness at village level
- Use of mobile technology and social media in disaster communication

5. Key Gaps & Risks Identified

From participant feedback and discussions, the following gaps and risks were identified:

- Limited institutionalisation of CBDRM at Panchayat level
- Inadequate training of frontline workers in emergency response skills
- Weak integration of child protection and inclusion in local disaster plans
- Over-dependence on external response agencies, delaying immediate action

- Lack of structured community disaster management committees in many villages

These gaps indicate the urgent need for mainstreaming CBDRM into local governance and development planning.

6. Recommended Actions

Based on feedback and participant inputs, the following actions were strongly recommended:

- Institutionalise CBDRM training for Panchayat representatives and village-level workers
- Make first aid and basic life-saving skills mandatory for frontline functionaries
- Develop village-level disaster management plans using participatory approaches
- Conduct regular community mock drills and awareness campaigns
- Create community volunteer networks for disaster response
- Integrate child protection and inclusion protocols into all community disaster plans
- Strengthen linkages between communities, NGOs, and district administration
- Develop local language IEC material for disaster awareness
- Encourage involvement of religious leaders and community influencers in preparedness drives

The CBDRM training workshop received overwhelmingly positive feedback from participants. The strong emphasis on practical skills, participatory learning, and community ownership was highly appreciated. Participants expressed that the workshop not only enhanced their technical understanding but also motivated them to take proactive leadership roles in disaster preparedness within their communities. Many participants recommended that such training be replicated at the block and village levels to reach wider sections of the population and build a resilient grassroots disaster management system in Jammu and Kashmir.

PHOTO GALLERY



Inaugural Session presided by HVC, IUST, Prof. Shakil Ahmad Romshoo



Welcome address by Dr. Mohammad Aabid



Technical sessions, Day 1



Technical sessions, Day 2



Group Photograph