

May-22, 2021 Alamdar Memorial College of Nursing and Medical Technology, a constituent college of IUST, Awantipora Celebrated International nurses day followed by two days Webinar on the theme Nurses: A Voice to lead: A vision for future health care.

The goal of organizing the webinar was to highlight of the role of nurses in Covid -19 pandemic and to reflect the impact of covid – 19 on health care system and nursing profession.

The chief guest of the Occasion, Prof Naseer Iqbal, Registrar IUST discussed life experiences of Covid -19 positive patients' management with dedication by nurses. Appreciated the work done with dedication, Prof Naseer Iqbal emphasized the importance of nursing professionals during this pandemic and during the routine health care. He said why only 12th May, all days are nurses because Doctors only prescribe, nurses are with the patients round the clock. They are backbone of health Care Services.

Speaking on the occasion, Prof. (Dr) Mehmooda Regu, principal AMCON & MT in her address discussed Nightingale's legacy, described nurses as angels of mercy and kindness. She emphasized Strategies like screening, containment and mitigation to control the outbreak of Covid-19. She described the set back to routine basic health care preparing individuals and communities about availing Services, with awareness about infection control by breaking the chain of infection, hygiene, immunity boosting and following Covid SOPs. She discussed about the achievements of Alamdar Memorial college of nursing and medical technology during 2020-2021 and appreciated faculty for working with integrity.

The faculty members of AMCON & MT; Mr Syed Shahid, Ms Insha Rasool, Ms Nighat Gowhar and Ms. Bushra Mushtaq worked as resource personnel throughout the planning and execution of the program and being the speakers presented different topics related to the theme of nurses' day.

The program included special lectures from Covid Warriors- The frontline health nursing officers of different institutions Mrs Yasmeena Akhter(SKIMS) and Ms. Farkhanda(GMC Anantnag) Amin, who shared their knowledge, experience and ground level situation of Covial - 19 pandemic and the various challenges faced by them during this period of crisis. They expressed their experience while working with Covid positive people in wards, critical care units, on ventilators and patients with complications.

They also expressed their pain and stress when patients die, when they pack them, when they are with co-morbidities and complications.

Asifah and Rohi Jan, tutors of AMCON & MT Worked as organizing secretaries of the programme.

Awantipora/ Charari Sharief, Dec 02 2021: Islamic University of Science and Technology (IUST)

celebrated 'World AIDS Day' themed as "End Inequalities, End AIDS, End Pandemics" organised by its constituent Nursing Colleges at Awantipora and Charari Sharief campuses under the banner of Red Ribbon Club programmes in line with this year's theme by UNAIDS. Seminar-cum-Workshops were organised by Syed Mantaqi Memorial College of Nursing and Medical Technology (SMMCN&MT), Awantipora and Alamdar Memorial College of Nursing and Medical Technology (AMCONMT) Charari Sharief Budgam in collaboration with Jammu Kashmir AIDS Control Society (JKACS) and Jammu and Kashmir Paramedical Council. Registrar IUST Prof. Naseer Iqbal, who was also the Chief Guest at IUST appreciated the constituent Nursing Colleges of IUST for regularly organising events aimed at creating awareness in the society. While emphasizing the importance of World AIDS Day, he stressed on the importance of educating general public about this deadly disease and also encouraged to play their role as responsible citizens and able nursing professionals of tomorrow.

Assistant Director (JKACS), Department of Health and Medical Education, Dr. Rumisa Shawl in her address emphasized the importance of this day and highlighted its role in generating an understanding about its epidemiology and also realizing the prevalence of inequalities among AIDS patients. She discussed the work done by health workers at JKACS and said, "JKACS is already providing all the facilities for AIDS patients at PHCs, CHCs and District hospitals further these facilities will be available at dispensaries and small rural areas for free of cost."

Assistant Director JKACS, Department of Health and Medical Education J&K, Sabiha Iqbal while noting the importance of World AIDS Day focused upon the disparities.

Iqbal focussing on the laws and rights of people with HIV AIDS opined, "HIV- AIDS is a pandemic and how the stakeholders can eradicate the level of discrimination".

Earlier Principal SMMCN&MT, IUST Asmat Parveen welcomed the speakers and participants and discussed the spread of HIV and status of the patients while referring to the World Health Organization (WHO) statistics. Parveen also lamented about the prevailing prejudice in the society regarding AIDS patients and provided some suggestions to tackle with this issue.

At AMCONMT, the Principal and organizing Chairperson of the event, Prof. Mehmooda Regu while talking about the objective of the event said, "awareness and sensitization campaigns at an extensive level were aimed to commemorate world AIDS day and make governments' policy makers to commit themselves and their resources towards the prevention and cure of HIV AIDS". "Society as a whole needed to come forward to check the growing menace of HIV AIDS," Regu added. She further emphasized the importance of the containment of the epidemic through massive awareness programmes and access to treatment at the various ART Centers.

Programme coordinator and organizing secretary of the event, Mr. Syed Shahid Siraj, highlighted the 'advancements of medical sciences in tackling the challenging pandemics' but noted that 'all strategies have fallen short of an ideal treatment for the management of AIDS'. "In the absence of any ideal treatment modality, we have to bank upon the preventive strategies which have to be community oriented," he added.

The students participated in various activities like debate, mask designing, painting, meme and gif competition to shed light on the theme, "End inequalities, End pandemics", through various activities

During the valediction, Principal AMCONMT, Prof. Mehmooda Regu felicitated participants with trophies and certificates. A signature campaign was also held on the side-lines with an objective to prevent stigma and discrimination against PLHIV. Later a rally was taken out from AMCONMT to sports council stadium Charari Sharief to show solidarity and support with the people living with HIV/ AIDS.

Charari Sharief, April 09., 2022: Alamdar Memorial College of Nursing and Medical Technology (AMCON&MT), Charar-i-Sharief, a constituent college of Islamic University of Science & Technology (IUST) Awantipora celebrated the 'World Health Day' on the theme "Our Planet Our Health.

The programme was part of multiple events organized by the Varsity on this occasion.

Principal AMCONMT organizing chairperson of the event, Prof. (Dr.) Mehmooda Regu enlightened the audience about the urgency of creating awareness among people about the sustainable development goals committed to achieving equitable health.

Earlier, welcome address and unfolding of the theme was presented by Bushra Mushtaq, the organizing secretary of the event who highlighted various avoidable environmental causes and climate crises which are the biggest health threat facing humanity.

The programme included a debate competition on the said theme followed by modal presentations by the B.Sc. Nursing students of AMCONMT. Furthermore, health related awareness was disseminated among the audience by medium of role play prepared by B.Sc. Nursing 3rd year students. The programme concluded with the prize and certificate distribution among the winners and felicitation of the participants.