

## ISLAMIC UNIVERSITY OF SCIENCE & TECHNOLOGY (IUST) AWANTIPORA, KASHMIR

## Public Relations and Media Centre

**December 3, 2025** 

## IUST's Nursing College Organizes Awareness Programme on Substance Abuse & Prevention

Charar-i-Sharief, Budgam, December 3: Under IUST's Community Outreach Program, Alamdar Memorial College of Nursing & Medical Technology (AMCONMT), Charar-i-Sharief, Budgam, constituent college of the Islamic University of Science and Technology (IUST), organized an Awareness Programme on 'Substance Abuse & Its Prevention'. The program was held at Government Degree College, Charar-i-Sharief under the banner of the Nasha Mukt Bharat Abhiyaan (Drug-Free India Campaign).

The programme aimed to sensitize students and youth about the increasing threat of substance abuse and highlighted preventive measures, early identification, and the role of community-centered initiatives. The event featured expert talks, interactive discussions, and awareness messages, and a collective pledge toward building a drug-free community.

Prof. (Dr.) Zamrooda Mushtaq, Principal AMCONMT spoke on the psychological, social, and health consequences of substance abuse. She emphasized collaborative responsibility among families, teachers, and healthcare professionals for early intervention and support. Prof. (Dr.) Mohd Amin Malik, Principal, GDC Charar-i-Sharief, appreciated the joint initiative and stressed the need for ongoing awareness programmes for youth empowerment and community welfare. The programme was coordinated by Ms. Neelofar Jan.

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