



**December 9, 2024**

**IUST Organizes Health Awareness and NCD Screening Program in Yousmarg**

Awantipora, December 9: The Islamic University of Science and Technology (IUST) successfully organized a Health Awareness and Non-Communicable Disease (NCD) Screening program in Nagbal, Yousmarg, Budgam District, under the DST PURSE initiative. The program aimed to educate the local population about the risk factors, prevention, and management of NCDs, including Diabetes, Cardiovascular Diseases, Respiratory Disorders, Cancers, and PCOD. Participants were encouraged to adopt healthier lifestyles, reduce risk factors, and ensure early diagnosis, intervention, and treatment compliance.

Led by Prof. Ayub Qadri, Dean of the School of Health Sciences, the IUST team conducted screenings for conditions such as Diabetes, Hypertension, Dyslipidaemia, Anaemia, and suspected Vitamin D deficiency. Dr. Faisal Ali, Senior Associate DST PURSE Project highlighted the importance of healthy dietary habits to minimize NCDs. The program also provided dietary counselling and information on local health facilities and government schemes like Ayushman Bharat, JSY, and PMMVY. Local VHNCs were encouraged to promote health and hygiene awareness among the tribal population, ensuring the program's long-term impact.

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