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Technological advancements in various fields over the past decades have resulted in significant improvements in both the quantity and quality of healthcare services. From smartphones to digital home assistants, these technologies have broadly contributed to increased efficiency in completing daily tasks;, improved awareness of health and wellness status;, and provided additional opportunities for social engagement, among many other benefits (1). The COVID-19 pandemic and the associated restrictions have made the need for viable, scalable, and flexible alternatives and additions to traditional health treatments even more apparent (2).

This continued technological development is occurring alongside the aging of global populations, creating opportunities for technology to assist older people in everyday tasks and activities. New technology also has the potential to provide timely interventions to assist older adults in keeping healthy and independent*maintaining health and independence* for longer *periods of time* (3,4). Aging*Ageing* in place is a concept that is widely preferred by older adults. This is also encouraged by policymakers, because of the increasing number of older people within Western societies, due to which there is*resulting in* a shortage of healthcare professionals, and the increase in*increased* healthcare costs (5).

The acceptance and the use of information technologies can bring immediate and long-term benefits at the organizational and individual levels, such as improved performance, financial and time efficiency, and convenience (6). However, despite the potential advantages of integrating smart technologies into one's life, there remains a digital divide between younger and older generations, with the latter generally adopting current and emerging technologies at a slower pace (1,7). Several studies *have* also suggested that certain factors directly interfere with the adoption of technology use (8).

Telemedicine has the potential to eliminate geographical barriers between health professionals and patients as well as provide self-management and monitoring tools for patients to examine and manage their health problems (9,10). It is regarded as a useful alternative module to*for* delivering quality healthcare (11).

The technology acceptance model (TAM) explains the acceptance of information systems by individuals. TAM postulates that the acceptance of technology is predicted by the users' behavioural intention, which

is, in turn, determined by the perception of technology usefulness in performing the task and the perceived ease of its use (6). For over*more than* 30 years now, the seminal works on the Technology Acceptance Model (TAM) and the Unified Theory of Acceptance and Use of Technology (UTAUT) introduced a whole new perspective of*for* examining information systems (ISIS*s*) (12). The TAM has been widely used in technology adoption studies. The strength of the model lies in its simplicity, as it has only two constructs,