



**ISLAMIC UNIVERSITY OF SCIENCE & TECHNOLOGY  
AWANTIPORA, KASHMIR**

**OFFICE OF THE DEAN OUTREACH**

**Deputy Registrar  
Research  
IUST**

**Subject: Mental, Psychological and Physical Wellness Counselling Session.**

**Respected Sir,**

A Mental, Psychological and Physical Wellness Counselling Session by Dr. Harshdeep Joshi is scheduled to be held on **21<sup>st</sup> of December (Wednesday) 2022 at 10:30 am.**

The session will be held in the auditorium in Academic Block III for which around 60 research scholars from across the departments shall be assembled as the target audience at **10:15 am** sharp.

This is for your information and further necessary action.

**Sd/  
Deputy Registrar  
Outreach**

*No.: IUST/DOR/Outreach Activity/22/355*

*Dated:14<sup>th</sup> of December 2022*

**Copy to:**

1. Dean Outreach for information.
2. Dean Research for information and necessary action.
3. Deputy Registrar Estates/ Establishment with a request for availability of the above mentioned venue with audio / video facility on the above mentioned date.
4. Executive Engineer (Engineering Wing) for providing the uninterrupted power supply on the above mentioned date from 10:00 am to 3:00 pm.
5. AR Transport for providing the transport facility to the expert.
6. PR & media centre with a request for media coverage.
7. Secretary to Vice Chancellor for kind information of Hon'ble Vice Chancellor.
8. P.A. to Registrar for information of the Registrar.
9. File.