



**ISLAMIC UNIVERSITY OF SCIENCE & TECHNOLOGY
AWANTIPORA, KASHMIR**

OFFICE OF THE DEAN OUTREACH

**I/C Head
Department of English Language and Literature**

Subject: Mental, Psychological and Physical Wellness Counselling Session.

Respected Ma'am,

A Mental, Psychological and Physical Wellness Counselling Session by Dr. Harshdeep Joshi is scheduled to be held on **20th of December 2022** (Tuesday) at **10:30 am**.

The session will be held in the auditorium in the meeting room of **Academic Block VI** for which around 40 students from the Department of English Language and Literature shall be assembled as the target audience at **10:15 am** sharp.

It is pertinent to mention that the session will be a follow up session for the students who had already interacted with the expert during the previous session.

This is for your information and further necessary action.

**Sd/
Deputy Registrar
Outreach**

No.: IUST/DOR/Outreach Activity/22/354

Dated:14th of December 2022

Copy to:

1. Dean Outreach for information.
2. Dean (School of Humanities) for information.
3. Deputy Registrar Estates/ Establishment with a request for availability of the above mentioned venue with audio / video facility on the above mentioned date.
4. Executive Engineer (Engineering Wing) for providing the uninterrupted power supply on the above mentioned date and venue from 10:00 am to 3:00 pm.
5. PR & media centre with a request for media coverage.
6. AR Transport for providing the transport facility to the expert.
7. Secretary to Vice Chancellor for kind information of Hon'ble Vice Chancellor.
8. P.A. to Registrar for information of the Registrar.
9. File.