



**ISLAMIC UNIVERSITY OF SCIENCE & TECHNOLOGY
AWANTIPORA, KASHMIR**

OFFICE OF THE DEAN OUTREACH

**Provost
Girls' Hostel
IUST**

Subject: Mental, Psychological and Physical Wellness Counselling Session.

Respected Ma'am,

A Mental, Psychological and Physical Wellness Counselling Session by Dr. Harshdeep Joshi is scheduled to be held on **30th of November 2022 at 10:30 am.**

The session will be held in the auditorium in Academic Block III for which around 60 students from the Girls' Hostel shall be assembled as the target audience at **10:15 am** sharp. It is pertinent to mention that the session will be a follow up session for the boarders who had already interacted with the expert on 29th of September 2022.

This is for your information and further necessary action.

**Sd/
Deputy Registrar
Outreach**

No.: IUST/DOR/Outreach Activity/22/315

Dated: 25th of November 2022

Copy to:

1. Dean Outreach for information.
2. Provost (Girls' Hostel) for information and necessary action.
3. Deputy Registrar Estates/ Establishment with a request for availability of the auditorium in the Academic Block III and also availability of the audio/ video system.
4. AR Transport for providing the transport facility to the expert (Schedule of which has already been sent through e-mail)
5. Warden (Girls' Hostel) for information and necessary action.
6. Secretary to Vice Chancellor for kind information of Hon'ble Vice Chancellor.
7. P.A. to Registrar for information of the Registrar.
8. File.